

## DEDICATION

By way of expressing our appreciation and gratitude to one who has spent many years working for the best interest of St. Francis Hospital; to one who has striven to elevate and maintain the high standards of our school; and to one who is deeply interested in our progress and success, we of the staff dedicate our second annual, this nineteen thirty Antidote, to

ANNA E. McCAUGHEY



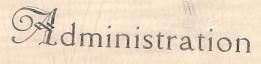
# Foreword

To build a window of memories through which we can look back upon the happy days spent in training, has been our sole purpose in editing this book. "

## The Antidote 1930 \* MISSION NUMBER \*

Presented Annually by the Student Nurses of St. Francis Hospital Santa Barbara, California

> SANTA BARBARA COUNTY GENEALOGICAL SOCIETY



#### Mission Santa Barbara

Mission Santa Barbara, which dominates the town as St. Peter's dominated Rome, is unique in that it has never been without a resident Franciscan since its founding in 1786. 2 2 2



# ANTIDQTE OF 1930



OUR HOME



REV. MOTHER M. ALOYSIA Superior General



OUR HOSPITAL



SISTERS OF ST. FRANCIS

Page Nine



I. ANGWIN, R. N., B. A. Instructress "As merry as the day is long."



HELEN ZWIMPFER Assistant Supervisor "A little fun to match the sorrow of this earth."



HELEN LORD, R. N.

Superintendent of Nurses

"The mildest manners and the gentlest heart."

ANTIDOTEOF

R. CHISHOLM, R. N. Clinic Supervisor "Gifted with good nature, having a smile for all."



R. CAVALLERI, R. N.

Night Supervisor

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C. ZWINGLAS, R. N. Obstetrical Supervisor "I never trouble trouble till trouble troubles me."

Page Ten



C. BARTON, R. N. Anesthetist "Never idle a moment, but thrifty and thoughtful of others."

Page Eleven



NORA SCOTT Assistant Supervisor "Beauty, charm and modesty, and noble thoughts besides."



H. F. Pierce, M. D.

E. LAMB, M. D.



J. B. MANNING, M. D.

W. E. JOHNON, M. D.





H. FRIEDELL, M. D.



H. L. Schurmeier, M. D.

H. O. KOEFOD, M. D.



B. BAKEWELL, M. D. Page Twelve

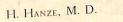
# ANTIDOTE OF 1930





J. WARE, M. D.

G. S. Wells, M. D.



M. THORNER, M. D.



G. W. JEAN, M. D.

A. Q. Spaulding, M. D.

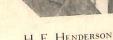
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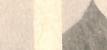




G. S. LOVEREN, M. D.







# ANTIDOTE OF 1930











R. Atsatt, M. D.



W. J. MELLINGER, M. D.



W. R. HUNT, M. D.



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A. WILLIAMS, M. D.



C. NICHOLAS, M. D.



W. Moffat, M. D.

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E. Smith, M. D.





F. E. BLAISDELL, M. D.









C. B. NAGELMAN, M. D.

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A. J. HOLZMAN, M. D.

H. N. Brush, M. D.



P. C. MEANS, M. D.

# ANTIDOTE OF 1930





H. L. Eder, M. D.



L. F. Eder, M. D.



R. MAJOR, M. D.



H. J. Ullmann, M. D.





N. T. Ussher, M. D.

A. B. WILCOX, M. D.

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C. WARWICK, M. D.



J. D. Lewis, M. D.



H. J. Profant, M. D.





R. G. LUTON, M. D.

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F. J. Номвасн, М. D.

# ANTIDOTE/



J. B. MANNING, M. D.

The dispensary was established through the generosity of Mrs. Hopkins. A group of public spirited individuals including the sisters, the ladies board represented by Miss McCaughey, and the medical staff felt the necessity of linking St. Francis Hospital with the community needs for ambulatory patients whose financial situation was such as to inhibit them from seeking adequate medical attention elsewhere. These people through financial reverses were unable to pay, or pay very little for a private physician, and therefore many corrective defects were encountered which were neglected or overlooked that a well staffed outpatient department were able to remedy. These included as in all such well organized departments, mental, physical and social problems. The original endowment provided not only splendid quarters in the basement, but a nurse with splendid practical understanding of the social and public health problems of this particular community. A staff was appointed by the sisters, and a dispensary committee which meets from time to time composed of three members of the active dispensary staff of physicians. At this meeting the sisters are represented by two of their number, and usually two members of the ladies board. Besides the actual relief of the patients, the dispensary has served as a practical place for the student nurses and interns to know how to approach the patient tactfully, handle the casual visitor, as well as an insight into the problems which exist outside of the routine institutional care. This vision of public health problems, social work, and the care of minor ailments and defects on the part of the physician are extremely important. A young man starting in private practice many years ago went to a large city with several letters of introduction, and approaching one old Scotch physician he was met with the remark, "You may have had a splendid medical training, but you must first learn and understand how to meet people." We try to instill this atmosphere into our dispensary so that the hospital influence will be felt as an additional service to the community through the outpatient department.

JOHN B. MANNING, M. D.

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#### The Woman's Advisory Board

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ANTIDOT

The Woman's Advisory Board of St. Francis Hospital has dedicated its program of 1930 primarily to a continuance of two of its main objectives-the perfecting of the Out-Patient Department and development of further interest in the School of Nursing, toward meeting the social and education needs.

It was through the School of Nursing interests manifested by the woman's group that resulted in the Sisters inviting the Woman's Advisory Board to a participation in the hospital program. Making better the conditions in the Nurses' Home under the present structure, with Mrs. J. R. Janssens, vice-president of the board, and Miss Helen Lord, superintendent of nurses, directing the efforts, present many needs that are being given the closest attention and study by the School of Nursing Committee.

The recent gift of a permanently endowed child's bed to the hospital in appreciation of the Out-Patient Department is of real value to the thinking that should be done in aiding all departments of the institution in carrying on a purposeful program.

As in the past the St. Francis Hospital and its Woman's Board aim to give in the future all possible aid to the community welfare program. In this connection it must be stated that the Woman's Board is expressing itself one hundred per cent in the forthcoming California Conference of Social Work, which meets in Santa Barbara May 13 to 17. Each member of the board has a membership in the state and county conference. In addition to being affiliated with the social service conference the Board is also one of the sustaining factors in the Santa Barbara County Council of Catholic Women.

The St. Francis group is assigned to the Health Section of the local county conference, of which Mrs. Francis Boyd is chairman, and has taken an active part in the program carried on by that section.

The Out-Patient Department activities, directed by Mrs. U. Dardi, second vice-president of the board, and her committee with Miss Rena Chisholm, social worker, have established an enviable record and it is to even further improve this service that the board has dedicated itself.

Mrs. P. J. Maher, president of the Woman's Board, is assured of the support of the board members, the hospital staff and the general public in the attainment of the program outlined for 1930.

Members of the board are as follows:

Mrs. Patrick J. Maher, President

Mrs. J. R. Janssens, First Vice-President and Chairman School of Nursing Com. Mrs. U. Dardi, Second Vice-President and Chairman of Out-Patient Dept. Com.

Miss Anna E. McCaughey, Life Director

Miss Lydia Scudelari

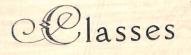
Mrs. Hugh J. McCaffrey, Chairman Hospitality Committee Miss Elizabeth Kirby, Chairman Bandage Committee

Miss Marie Hennes, Mrs. C. Lataillade, Mrs. S. A. Mikula, Mrs. Anna Mc-Donald, Mrs. Osborne Craig, Mrs. Neal Callahan, Mrs. A. C. Postel, Mrs. Wm. Myers, Miss Delphina De la Guerra, Miss Mame Sullivan, Mrs. Maurice O'Brien, Miss Elizabeth Cudahy, Mrs. Frank Miratti, Jr.

## Mission San Juan Capistrano

Mission San Juan Capistrano, founded in 1776 was once the chief jewel of the chain of Missions. Time and the earthquake of 1812 have brought it to lamentable but picturesque ruin, but such corners as the Padre's garden in the patio have a charm which time can only heighten.

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# ANTIDQTE OF 1930

#### To the Graduates

I gladly join with your parents and many friends in extending congratulations on your graduation.

Fortunate are you to have made your studies under the guidance and inspiration of the Sisters of St. Francis' Hospital. Your knowledge of the technique of nursing, you may have acquired elsewhere; but the high ideals of service and sacrifice and devotion to duty, that are the ultimate aim of all training, are nowhere so effectively imparted as in the hospitals of the Sisters whose lives are a constant illustration of these virtues. With your training now completed, you are about to go forth and begin your career. The experience of the past few years has shown you that it is not a bed of roses you have chosen for yourself. Service to the suffering is often irksome and difficult. To give love for love is indeed easy, but to give love for resentment is always hard. And in the hour of sickness, as we well know, one is inclined to think of no one but one's self. In these moments, it is not so much the technique of nursing as the spirit of love, of selfsacrifice, of unselfishness that will carry you safely over the abyss of discouragement and failure. In this love of your suffering fellow men, you can have no better example and model than the Divine Healer, our Lord and Saviour. He spent Himself that others may have life more abundantly. You must spend yourself that others may have

Your training is one of the best gifts which God has bestowed upon you. That you may prove worthy of this gift; that you may ever use it as an instrument of unlimited good to many; that through life you may ever be true to the high ideals which you have set for yourself; that amid the temptations to which you will be exposed, the chart of your earthly career may be a record of an unsullied and stainless life, is the sincere wish and fervent prayer of your friend

FR. ROBERT SCHMIDT, O. F. M.



REV. FATHER ROBERT Chaplain

#### "IF"

ANTIDOTE OF 1

#### (Apologies to Kipling)

If you can keep your nerve when all about you Are losing theirs and blaming it on you;
If you can get to breakfast on time each morning And leave your bedroom fairly tidy too;
If you can smile and not get tired of smiling, Or being criticized—don't deal in tears.
If others blame, don't give way to blaming, A life of ease will greet you in future years.
If you can dream and not make your dreams your master. Dance and not make that your aim;
If you can skip a clinic or a lecture And meet the staff and greet them just the same;
If you can bear to see the week-end you've prayed for

Skip back another week or two; If you can wash a heap of surgery linen, And get your notebooks in when they are due. If you can keep you

If you can keep your pt's in good humor Or have them nag and never show a sign: If you can have flirtations when "off duty" And practice, "Out of sight is out of mind;" If you can long for home and Dad and Mother And never once admit you'd like to stop, You've gained a goal and everything that's in it, And you, my girl—you'll sure come out on top.

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#### Graduates

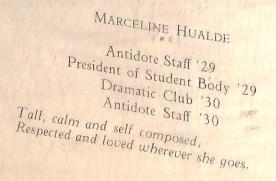
IRENE BISHOP BARBARA DESKIN MARCELINA HUALDE MARIE SICHER HALLIE STALEY LUCILLE TUPPER BERTHA ROBINSON FRANCES WILLIAMS

CLASS COLORS: Pink and White FLOWER: Lilly of the Valley MOTTO: "Beati Misericordes" (Blessed are the merciful) MASCOT: White Elephant

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IRENE BISHOP

Council Member '29, '30 Antidote Staff '29, '30 Secretary and Treasurer of Student Body '29 Dramatic Club '30

One who works and whose work is worth while, But never lets work interfere with her smile.

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#### BARBARA DESKIN Swimming Club '29 Hiking Club '29 She's home and she isn't: She's always out, But we all admit she's one good scout.



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BERTHA ROBINSON

President of Student Body '29 Knock About Club '29 Bridge Club '29 A nurse who is patient and never unkind, Her type of girl is hard to find.

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Glee Club '29 Swimming Club '29 Council Member '30 One who's small and yet never still, And one whose work is done with skill.

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#### MARIE SICHER

Bridge Club '29 Knock About Club '29 There comes to Santa Barbara a nurse from o'er the sea. She is so keen and clever what more could one wish to be.

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Page Thirty

HALLIE STALEY Swimming Club '29 Knock About Club '29 A peculiar little air, that is different from the rest, There's a lot of things that she can do but danc-ing is the best.



FRANCIS WILLIAMS

Dramatic Club '29 Bridge Club '29 If the weather's kinda gloomy and you don't know what to do, Just call on friend Dutch, she knows a joke or two.

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#### Class Will

ANTIDOTE

We, the class of 1930, wish to will and bequeath upon our remaining schoolmates the following articles:

To the Sisters of St. Francis we leave all our thanks for their help and guidance during our training.

We wish to will our places in the dining room to more and more "probes" and hope they will find a new place to park their gum. (The old place under the cafeteria counter is about used up).

To all the students of St. Francis training school, we leave all our rights to the dear old nurses home. (Just a note of advice: do not hang your laundry out of the windows nor clean the tub when you finish using it, it wouldn't feel natural; and do not sit on the heaters in the winter, you might get burned.)

I, Marc Hualde, will my dignified height to Miss Salazar, my passion for chocolate ice cream to Tarne, my clean uniforms to Miss Salazar, my passer eves to "Red" Laubert eyes to "Red" Laubacher and my popularity to any one deserving it.

I, Irene Bishop, will my job as editor to any ambitious Miss, my unbobbed hair to Simpson, my disposition to Dr. Major and My "happy-go-lucky" Hap I, Miss Tupper, (better known as Lucille) wish to leave my giggle to Miss

Fox, my curly hair to Miss Frize, my striped dress to Miss Fremouw and I will take Johnnie with ma (1997) I. Marie Sicher, leave my fortune-telling ability to Miss Lord but I really

don't think she needs it; my studious nature to Mayo and my instructions from Miss Thompson to all the "model". I. Bertha Robinson, will my appetite to Miss de la Garrigue, my pleasing onality to Miss McClellan

personality to Miss McClellan, my experience on first floor to Miss Tico, my beauty clay to Miss Markaged beauty clay to Miss Marks and my picture-galery to Miss Schuster. I. Barbara Deskin, leave my curly hair to Miss Hansen, my reckless driving liss Benthal, my line of blogger of blogger blogger to anyone

to Miss Benthal, my line of blarney to Miss Stauble and my old room to anyone wishing to spend the evening to Miss Stauble and my old room to anyone I, Francis Williams, will my technique to Haley, my jokes to Miss Fisco-my ability to sterilize them.

lini, my ability to sterilize thermometers to anyone with plenty of cash and my bangs to Miss Dias. I. Hallie Staley, leave my ability as dancing instructress to Miss Angwin, cherry red lips to Miss Walker

my cherry red lips to Miss Walker, my long skirts to Miss Gahwolf, my dates to Miss Tico and my little curls to Determined to Miss Gahwolf, my dates to We, the class, devise and bequeath to St. Francis Hospital Training School promise to keep the Nightingale Dist.

our promise to keep the Nightingale Pledge. In case we have forgotten any small item in our rooms, as worn slippers, otly used matches or any personal tot

slightly used matches or any personal belongings, we direct that it be disposed of by our good friend Miss Lord as the

of by our good friend Miss Lord, as she may deem fit, only desiring that she give such articles to those who have true Give Lord en fit, only desiring that she give such articles to those who have true friendship and will fully appreciate such mementoes of 1930 Grads. We nominate and appoint Sister Angela and Sister Rosina to be co-executors pis, our last Willand Testament band of this, our last Willand Testament, hereby revoking all former wills made by us. Witness: JIMMY, LUCY, NAPOLEON

## Class Prophecy, 1930

ANTIDO

OF

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The air was heavy with incense, the atmosphere of all the surroundings spoke of the orient. Cautiously I crept across the floor and gazed into the mysterious crystal. Queer sights appeared before my vision, at first it was impossible to distinguish the figures. But gradually they became more distinct. The years had rolled by and the class of 1930 appeared as they would be twenty years

Bertha Robinson is at the head of a ten bed hospital in a small port town hence. in the southern part of China. You remember her great desire to became a Navy Nurse, well alas and alack, she did. She got the "Navy Blues" after a short time and eloped with the Admiral. Her life was not all good sailing after that for he

left her anchored in this little port town where I see her now. Marie Sicher is now in charge of a missionary post in the far Yukon. She has had a very difficult time trying to keep from freezing during the nights which are six months long, but has finally dyed her hair a flaming red and now has no

trouble at all to keep warm.

Marc Hualde is seen in Honolulu at the head of a home for unfortunate men (none over eighty allowed). She still believes that masterful men make the

best husbands.

Irene Bishop is the real disgrace of our flock. I can see her now in a little two room apartment in hiding from the police. It seems that soon after graduation she bought herself a motorcycle and started to tour the world. Can't you just imagine the escapades she got into? I understand she is wanted in every

Barbara Deskin is now retired and living in the Alps. She became a misstate in the Union. sionary and founded a hospital for lame mountain goats in Switzerland. I see her

in a cozy little house with her family of goats still around her. Miss Williams is the model little wife, settled down to a family and fire-

place. My how differently things have worked out. You could hardly imagine her over a cookstove or out in the garden puttering around with flowers, now

Miss Staley is still doing private duty at our dear old Alma Mater. She has made a small fortune from her very popular book "Why Gents Prefer Blonds." can you? Lucille Tupper is seen wiling away her time talking over the back fence.

She is president of the married women's homemaker's society. She never used her training any more than in her own home.

I see the old nurses home which is still standing. The front stairs have blown off and the old palm tree is dead but everything else is just the same. It is now being used as a home for Sister Winifred's guinea pigs. The nurses have a beautiful new Spanish style home but I know they do not love it anymore

than the old class of 1930 loved the old one.

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J. Donovan, H. Stauble, B. Fremouw, T. Grisingher, M. Benthal, M. De la Garrigue M. Tarne, M. Mayo, H. Schuster, G. Walker

#### Seniors

Class Colors: Blue and Silver.

Flower: Marigold

Motto: "Labor Omnia Vincit" (Labor conquers all).

"The Senior Class," how these words ring when they are inserted into the of a "probje". It makes these words ring when they are inserted into the ears of a "probie." It makes them realize that with hard work and many sacri-fices they will some day be added and the same source of the second source of fices they will some day be addressed by these same words. The time seems so far away that they think them and the time seems so to think far away that they think they are living in the Stone Age. They seem to think there will never be such a time in the Stone Age. They seem to think bildren, if there will never be such a time in their lives. But listen my dear children, if you follow in the footsteps of the their lives. But listen my dear children, if you follow in the footsteps of the above Seniors you shall attain your goal and be proud of it.

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To become a Senior is like climbing. Mt. Everest—it is so high above the ers. It is a rugged path but is others. It is a rugged path, but if you are determined and persevering you shall

# ANTIDOTE OF 1930



M. Laubacher E. Hansen L. Marks P. Cross M. Gahwolf

### Second Juniors

Class Flower: Yellow Tea Rose. Motto: "Through difficulty, to the stars." Color: Green and Gold. Mascot: Bonzo.

Ten little probies starting out Taking all their knock-abouts Four months pass and then alas-Two departed, but their memory lasts. Four months more are now gone by, Since two more bid us good-by, Four more months and then "I do" Was solemnly said by two. Now just four remain with hopes anew That they will see this nursing through

Page Thirty-Seven



E. Dias, M. Haley, M. Frize, N. Daly, J. Salazar N. Howell, O. Fiscalini, E. McClellan, H. Tico

### First Juniors

Class Flower: Shamrock. Motto: "United we stand, divided we fall." Color: Green and white. Mascot: Felix.

The Junior Class of 1932 has so far maintained the high ideals of the ol. Taking a prominent part in all activities the decision to hold up school. Taking a prominent part in all activities the class promises to hold up Popularly termed the "Irish Class" which name ensued from a hotly con-ed war over color, etc., we have finally hich name ensued from a hotly con-

tested war over color, etc., we have finally arrived at the dignified appellation Felix was unamiously adopted as mascot in the hope that we would follow well known cat's proclivities and always of the hope that we would follow

that well known cat's proclivities and always come out on top. The class has contributed to all events of the year, both social and otherwise. The glee, dramatic, swimming and sewing clubs have all been strength-ened by the addition of the "Irish Class."

# ANTIDOTE OF 19



D. Digiovanni D. Simpson

D. Southerland J. Kenney

## Prep-Class Record

"The past is gone forever; but the future is still our own."

Motto:

Mascot: Brown bear. Flower: California poppy.

Colors: Blue and Silver.

#### "THE PROBIES' DAY"

Slippers, pajamas and uniforms silhouetted against the windows, Day has begun-with swift scurrying feet, A long rug screams his protest at being mal-treated-

Day has begun-with swift scurrying feet.

The "Probies" tear down the steps,

Breakfast-"Sutherland" guzzling mush. "Kenney" fishing an obstinate egg from its shell-

And "Fox" busy buttering toast and peeling a banana-Day has begun—a short, snappy giggle reigns for a moment over all, Then "Di-Giovanni" adds forty more calories to her already, well

And 'Simpson'' in the meantime talks fast 'nuff to rate another roll. Day has begun-the western sky brightens the patients rooms-And "we Probies" go about our duties and attend lectures. Feebly we try to absorb everything from morn till night. Such is the life of "We Probies" when "Day has begun."

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# ANTIDOTE

#### In Memoriam



ALEXANDRINE DEU Class '24

#### Antidote History

ANTIDOTEOF

The Antidote, as a monthly paper, was first published in 1925, under the name of the "Start." It was the brain child of Mary Benthall Reuter, and under her ever watchful care, with the help of the whole training school, and the supervision of Miss Lord, this paper, listed as "THE PAPER FOR PEO-PLE WHO THINK," was published. It was handed down from class to class,

As the "Start," it was mimeographed, but as the list of subscribers grew, and after four years, grew into a Year Book.

(thanks to Sister Hedwig and Miss Lord) it was published as any other regular paper. Then came the question of a more suitable name, and a contest was staged and finally the name "Antidote" was chosen, Barbara Rowe being the winner. She described it as an antidote for the blues, and it surely is. Try it if you suffer from this terrible malady. It is a sure cure every time. The following is a copy of the "Class Will" published in the "Antidote"

We, the never to be forgotten Senior Class of 1925, namely: Frances

Harrison, Marjorie Brothers, Alice Wright, Kathlees Collins, Agnes Leibermann and Mary Benthall, of the St. Francis Nurses' Training School, being in full possession of our minds and an education that will equal any R. N.'s, leave and bequeath to Juniors, Probationers, and all new comers the following: First: To the Student Body Government which we established here and

strove so hard to make a success, our undying hope that it may ever rule. Second: To the Juniors, the privilege of becoming dignified, professional

Seniors: the privilege of occupying the back seats during lecture; the privilege of using the invitations that are frequently sent us by the kind towns-people; in fact all our privileges except remaining seated when we enter. We sincerely hope the class may survive the honor during the whole span of said term. Third: To all, we leave the advice to always look upon tomorrow as a

more fruitful day; the hopes that the high standards of the Training School will ever be upheld; the privilege to ask any question concerning our amazing knowledge, amiable dispositions and perfect deportment as they are faultless; the privilege of using any of us as models of perfect Senior Nurses.

Fourth: Disposal of personal property of the following, namely:

To Agnes Liebermann I leave my craving for spinach and boiled ham and bologna; to Cecelia Feeley my calm disposition; my uniform to Ruth Clark;

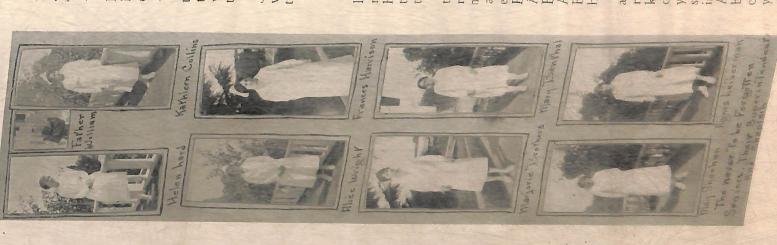
my white Oxfords and large appetite to Mildred Van Clief. I will and bequeath my good reputation and amiable disposition to Aurora Langes: to Barbara Rowe I regretfully leave my family tree, it being of no use

I will and bequeath the following to Alice Kelley, my Jack, my red beads. to me in my financial career. my unselfish disposition, my ability to remain awake during lecture, lastly my I leave and bequeath my holeless stockings to E. Mylnek; bloomers to Nellie Hourihan; doll face to M. Horning; terrible temper to Cecelia Feeley; and my beauty spot on the left side of my cheek to Aurora Langes; my superior height to M. Van Clief; my black shoes to S. Chanyel

height to M. Van Clief; my black shoes to S. Chauvel.

Page Forty-One

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vel: my dread of the State Board to all Junior classes: my auburn locks to all My love for the babies to Miss Chauchose who are not yet gray. May Josephine Sheehan. Mary Benthall.

My sweet disposition to Cecelia Free-ley: my daily pint of milk to E. My-lnek: my position as editor of the "Anti-dote" to M. Van Clief. Agnes Liebermann.

My social position as school gossiper to Miss Chauvel: my newspapers to the third floor; my appetite to anybody who Wants it, in case no one wants it give it an Clief.

We appoint and select the honorable Juniors as executors of our will and wishes. Given under our hand and seal the Twelfth day of May, 1925.

# SCHOOL SPIRIT

make college stories interesting, BUT, here at St. Francis, it is actually a big thing. Yes indeed, it means something You often read of school spirit. It looks well in print, adds zest needed to

ters are sent to all Alumnae members, re-minding them that the time is drawing as the dass and school reunion. Then, Ben's coming, driving all the way from Arizona. She'll be here in time for the baccalaureate, Mass. Oh Boy! I can A few weeks before graduation, letas the days go by you hear this sort of

as the papers put it. "all the Alumnae members, but as we put it. "all the Alumnae kids." Such cries as "Collins! you old you're getting terribly fat! Gee Agnes front it great to see you. Kelley, so glad you could come. I'm so thrilled. Arn't Alice Wright's kiddies cute? I out. Say, Pill, make up my cap will she's a dear. I wouldn't it's a knock-you? Marg, have you seen Ben's baby. anything, it's better than any tonic to Finally the day arrives, and with it.

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Page Forty-Two

#### ANTIDOTE OF 0



#### May Josephine Sheehan.

My love for the babies to Miss Chauvel; my dread of the State Board to all Junior classes: my auburn locks to all chose who are not yet gray. Mary Benthall.

My sweet disposition to Cecelia Free-ley: my daily pint of milk to E. My-Inek: my position as editor of the "Antidote" to M. Van Clief. Agnes Liebermann.

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#### SCHOOL SPIRIT

You often read of school spirit. It looks well in print, adds zest needed to make college stories interesting, BUT, here at St. Francis, it is actually a big thing. Yes indeed, it means something to us all.

A few weeks before graduation, letters are sent to all Alumnae members, reminding them that the time is drawing near for class and school reunion. Then, as the days go by you hear this sort of excited conversation when the Student Body meet. "Say, Mick is coming and Agnes." "Isn't that keen?" "Oh yes, Ben's coming, driving all the way from Arizona. She'll be here in time for the Baccalaureate Mass. Oh Boy! I can hardly wait."

Finally the day arrives, and with it. as the papers put it, "all the Alumnae members," but as we put it, "all the kids." Such cries as "Collins! you old dear, I'm so glad to see you. Kelley, you're getting to it of the Agnes, you're getting terribly fat! Gee Agnes. so glad you could come. I'm so thrilled, isn't it great to see all the kids again? Arn't Alice Wright's kiddies cute? I brought my best uniform, it's a knockout. Say, Pill. make up my cap will you? Marg, have you seen Ben's baby, she's a dear. I wouldn't miss this for anything, it's better than any tonic to

Page Forty-Two



Dominie & Eugene Perello



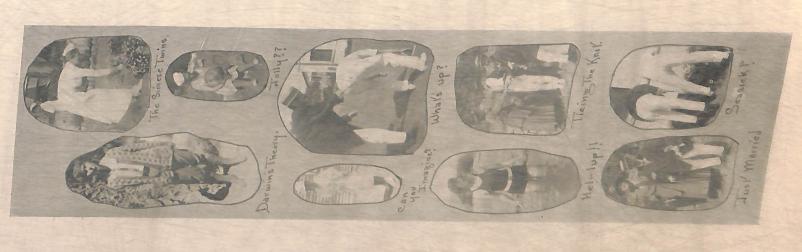
Arlhur Spring



Leonard And Cliggord Peck

Page Forty-Three





. . .

me. Is Barbara's grandmother going to give us one of those famous chicken dinners, and things like that? We will never forget Barbara'skindhearted grandmother.

The St. Francis Spirit is something we all acquire after being in the school a while, and believe me, it's a GRAND AND GLORIOUS FEELING.

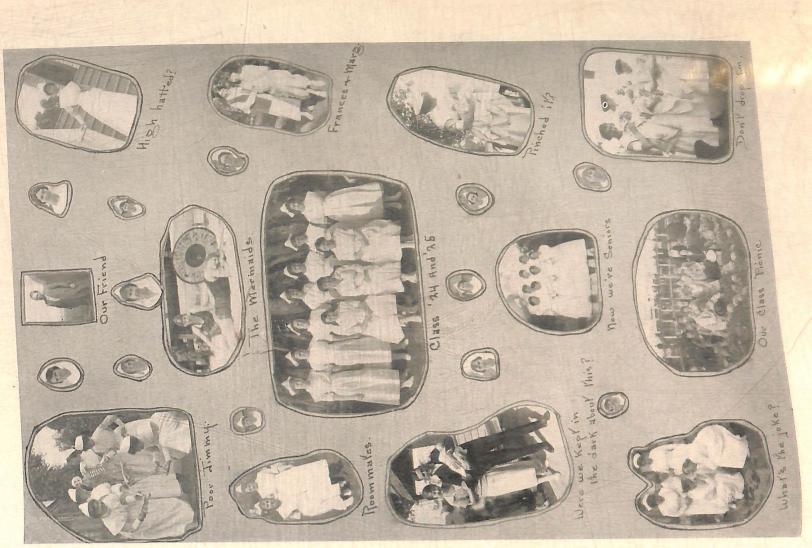
# ST. FRANCIS ALUMNAE

The St. Francis Alumnae was organized in 1921, with a membership of thirty-two. This membership has now increased to sixty-six graduates and ten prospective members. The Alumnae strives for the highest standards of the nursing profession. It is more active now bridge teas and other entertainments, tween members good fellowship bebringing them closer together and in year.

# ....

She speaks with an accent quite foreign. As a president she's great, We all like her first rate. Then there's Barbara Rowe from Goleta, Page Forty-Four m sure they make them no sweater. SUSAN CHAUVEL, R. N. Class '27. Our President's name, it is Warren, She's a fine buxom lass. Oh Boy! she's got class. That fat Rowe girl from Goleta. Then there's Miss Rosemary Lyne, This very tall nurse. Miss Horning. Now there's petite nurse Kathleen, She certainly is a scream. When it comes to conversation. A very tall nurse is Miss Horning, Who arises early each morning. A winsome girl quite sublime. If it's work to be done, The thinks it all fun. She can beat the whole nation, A fine person is Mrs. Warren. This nurse, Rosemary Lyne. Lhat petite nurse Kathleen. Her horn she does blow. To work she does go.

# NNTIDOTECOF 19



Page Forty-Five

# Cealendar

E-mananananan -

San Fernando Mission S

<text>

4



#### CALENDAR

#### The air is full of excitement,

The hearts of all are gay, and time has rolled around to Graduation Day. Scottie leaves us with an aching heart, Goes to San Francisco-from her friends de-

#### May 18. .

#### Rodrick has left us for another land. She got married and gave George her

Some Students come, some Students go, Some get married, while others up the ladder go.

#### June 1.

Bishop is cooking in the kitchen; An educational place. She burns the potatoes and even her face. Even the mule refuses to eat. His eyes get blurry and he has cold feet.

#### July 1.

Vacation is here. Hurrah for June. We can all go swimming with a merry Dive to the bottom of the big blue sea, If I don't come up say a prayer for me.

Page Forty-Eight

#### OF 19 NTIDOTE/

#### August 6.

- Pajama Waffle Supper which the Seniors all invented. And Beautiful Pajamas, Miss Lord and all presented. Hualde, Bishop, Robinson and Surgery
- the work these three share. Hualde's Boy Friend comes to see her there.

#### September 1.

The home is in a flutter, the spirits of all are high, As our new little class of Probles come marching proudly by. We love the class of green ones. Sisterly loves we'll try to teach. So we took the little Probies on a party to the beach.

#### September 14.

"Red" Laubacher sends Pt's. to Surg. in a dizzy waltz. Removes the cork leg, but forgets the teeth which are false.

#### September 19.

Drs. Warwick and Levine come into While Drs. Holzman and Munch towards success are going.

#### October 7.

Dance, Dance, the Students are having a

All are welcome from the workman to

The Sisters come to the Nurses home, "Supressed Desires" a Play they'll see. Bishop, Williams, Campiglia marvelous actresses are these three.

Page Forty-Nine



# TIDO



rough.

# November 5.

Some make pajamas while others stock-The Students all grouped in a circle The Current Event Club is invented. the branch of a family tree. which is also a sewing bee. ings darn.

Every one looks so Domestic except our hard boiled Tarne.

# November 17.

Sister Angela and Sister Rosina drive to We watch them leave in the bumping The trip was long and the bumps were the East so far away. Ford, with awe and much dismay.

Our poor dear Sisters thought the East was tough.

# December 25.

Holiday Greetings, every one in a happy state.

Bennie, Stauble, Tarne, Dela, in rota-Gifts upon our Xmas. tree and trukey on our plates.

Such awful food that these girls cook, the Pts. die with cramps. tion to the kitchen tramp.

# December 28.

Hualde is sick in bed with the effect of a mastoid germ,

While Bishop walks with Babies serving 'out her term.

# January 1.

But we start another year cager for the Another year has passed struggle and strife, with work,

Page Fifty

coming life.

# ANTIDO

# February 2.

was giving a talk? Donnie and Tarne saw the wood that with envy a mule would balk. Our loving Domestic Students are fighting around the cooking plate. Making candy for the candy sale to keep Did you ever try to sleep when a Doctor finances up to date.

# February 1.

have had a try. Every thing seemed to go quite smoothly 'till the baby starts to cry. Deskin, Sicher, Tupper, Staley at O. B.

# February 12.

ment all did burn. The hall was packed and crowded, you could hardly make a turn. So we gave another Dance with excite-

# March 16.

Three more have been added to our happy family tree, Misses Barton, Anguwin, Dr. Major, Marvelous sports they've proved to be.

# April 9.

She tried to sterlize the thermomenters with boiling water, we often hear. Poor Dutch will pay for them each month this coming year.

# May 3.

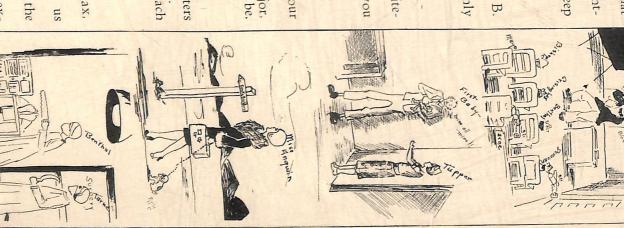
We cut them to pieces with saw and ax. We use hot water or ice cold packs, Some die, some live, "God grant us

We do Plastic Surg. from the feet to the Some die, some live,

This ends our yearly doings, much ex-

Many happy days that we have spent, our days are never sad citement we have had

M. BENTHALL



Page Fifty-One

# OPrganizations

# Mission San Carlos

Mission San Carlos with its star window and dome, beside the shining waters of Carmel Bay, was for years the official residence of the Fathers President. It was the second of the chain of Missions to be founded, and it is now the resting place of the beloved Padre Serra.

11

4



#### ANTIDOTE O 9 3



T. Grisingher I. Bishop

M. Haley D. Simpson

M. Benthal M. Gaywolf

#### Antidote Staff Editor

Assistant Editor		I. Bishop
Assistant Editor Business Manager		M. Benthal
Assistant Business	Manager	M. Hualde
Assistant Business		T. Grisingher
Humor and Snaps		M. Gahwolf
Art Editor		D. Simpson
alumnae		M. Haley
Alumnae Faculty Advisor	-R. Collins, R.N.	, A. Kelly, R. N.
		H. Lord, R. N.

Harb

#### 30 9 OF ANTIDOTE



O. Fiscalini B. Fremouw

D. Simpson M. Laubacher

## Student Council

Student Council rule has proved very successful in our school. One member from each class is chosen to represent her division in making new rules and seeing that our student body is properly managed.

Regular monthly student body meetings are held with the business session first and entertainment following. At these meetings various things are discussed and each girl has an opportunity to express her opinions, which she does.

#### ANTIDOT 0



D. DiGiovanni, M. de la Garrigue, L. Marks, E. Hansen, M. Benthal, D. Simpson, E. McClellan M. Laubacher, D. Fox, N. Howell, J. Salazar N. Daly, J. Kenney, M. Frize, O. Fiscalini, H. Tico, E. Dias

### Sewing Club

The sewing club was organized to create a more home-like spirit among the girls. The club meets every Monday night and while the girls sew on their nink paiamas or group the severy had been been reads pink pajamas or green shorts, whichever the case might be, some member reads an interesting story. Important topics of the day are discussed also.

Last Christmas the girls made some articles for the Associated Charities. This was enjoyed as much by the girls as by the ones who received them. We were in need of a new sewing machine so the members gave a dance and the proceeds purchased have

with the proceeds purchased a very good sewing machine which we all have made good use of The club consists of the preparatory class, first and second juniors and first ors with Miss Benthal account it

seniors with Miss Benthal as president and Miss Donovan as secretary.

# ANTIDOTE OF 1930



N. Daly, D. Simpson E. Hansen, J. Kenney, O. Fiscalini, D. Fox, D. Digiovanni E. McClellan, M. Friez, H. Tico, E. Dias, M. De la Garrigue, M. Benthal

## Swimming Club

"All work and no play, makes nurse a dull girl," so saying, we again organized our swimming club and began taking our little dips into the briny deep. Need we say that this is a popular club? No, just take a look at the lovely

tans and the not so lovely sunburns.

Our club flower is the seaweed, our motto, "sink or swim," and our mascot

the hot dog. We are going to give a swimming meet to raise funds to buy Simpson a wig to wear when she goes swimming with a bunch of girls, Schuster a new bathing suit and water-wings for McClellan.

#### ANTIDOTE 0



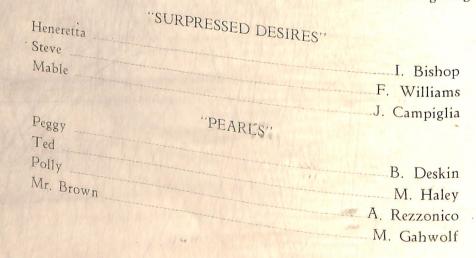
T. Grisingher

I. Bishop M. Haley M. Benthal M. Gahwolf

## Dramatic Club

The dramatic club is a newly organized club which has been greatly en-d this year joyed this year.

"Supressed Desires" and "Pearls" were two very entertaining plays presented before the Sisters when they honored us with two of their rare visits. Dr. Ware is our very able coach, and we wish to thank him for giving his



#### OF 9 ANTIDOTE



E. Dias, L. Marks, H. Stauble, M. Frize, B. Fremouw, E. Hansen, H. Tico, D. DiGiovanni D. Fox, N. Gahwolf, E. Mayo, J. Kenney, D. Simpson

#### Glee Club

Our song-birds have been very active since their reorganization. The club meets every Tuesday evening at which time various types of songs are sung. Now that we have mastered "Mighty Lak' A Rose," we are perfecting "Pagan Love

Miss Lord is our honorary member and instructress and you should see the Song."

proud look on her face when we render "I Passed by Your Window." It is hoped that in the near future the club will be able to give some very

enjoyable programs and that it keeps up the good pace with the incoming of new students.

Feature Section

The Arches of San Juan Capistrano

The mellow ruins of San Juan Capistrano are the delight of all who are sensitive to romantic beauty. The quadrangle was surrounded by lines of arches which present features not to be found in the arches of any other Mission.

140

101



#### Supervisors

Say—did you ever stop to think That in days of yore These same supervisors of our time Upon their heads blue ribbons wore.

They used to drive their mothers frantic By falling in the brook Or when they tore their little frocks While playing in some nook.

Now picture Sr. Angela At play with naughty boys, And making mud pies with them, And breaking up their toys.

Just think of Sr. Cartona Trying to fly a kite, Or Miss Cavalleri up a tree Soiling a dress once white.

Now in the kindergarten, can you see Miss Angwin toss her head. And Miss Lord, for naughty words Is sent upstairs to bed.

There skipping rope with all her might Sr. Clementine plays—a lanky child And Sr. Edith on a rocking horse Is taking a furious ride

Miss Zwinglas thinks her shoes too tight Goes barefoot all the day. And Sr. Vincent, a truant from school Runs the streets to play.

Then we come to Sr. Antonia Such a pretty little girl. And now I must confess My head is in a whirl.

But things indeed have sadly changed, For these culprits now hold sway, And demerits they will give us If their rules we don't obey.

# ANTIDOTE OF 1930





























Page Sixty-Three

#### O E I 8 6 VNLIDOLE)

#### WHAT EVERY NURSE KNOWS

That you dare not say in prose. You can say a lot in poetry

WE CAN RECOMMEND Doctor's latest prescription for seasickness: "Bolt your food down."

Dr. Eder-for his popularity. Dr. Brown-for his brains. Dr. Schurmeier-for his stately form. Dr. Usser-for his conscientiousness. Dr. Mison-tor mis good nature. Dr. Major-for his art of taking histories. Dr. Atsatt-for his ability to make splints. Dr. Wilson-for his good nature. Dr. Smith-for his cheery disposition. Dr. Johnson-for his ready wit. Dr. Pierce-for his efficient technique. Dr. Warwick-for his ability to settle disputes.

CLASS YELL And the good Lord will smite us with Endocarditis. If we don't have it pulled, it is said. When our ankles are rheumatic and the pain is emphatic. CONSOLATION FOR THE TOOTHLESS 

Kill of cure. St. Francis Nurses You got 'em sure. Delirium Tremens: Club feet, gall stones, Cross Eyes, broken bones, Cerebro Spinal Meningitis; Tuberculosis-Peritonitis-

Why, when out wards are very busy, Cay the world in morning's blue; All the brooks are running, running.

paeny. Sonen with milk of human kindness. Use a first class training scruct as a mixer. Add the sweetness of a smile, a little ginger and a generous amount of womanbood. Time with plenty of patience. Pour into the mould ambition. pathy. Soften with milk of pluck, good health and well balanced sympasts an mixer. Add the sweetness of a smile, a little dinets, Use a first class training schol Mix together equal parts of pluck, good health and well balanced sym-RECIPE FOR MAKING A GOOD NURSE

followed closely, should be very successful and exceedingly populat. The sauce of experience is always an improvement to this recipe, which, if wed closely, should be very successful and eventional monular.

Page Sixty-Four

Page Sixty-Five

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HOW HOUSEMEN

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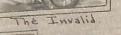
G. Walker: "Miss Lord surely likes my case study reports." H. Staley: "How come?" Grace: "She writes 'more' all over them." Probe: "I tell you that this play makes me think." -... Probationer: "Miracle play, eh?" Mayo: "You remind me of a flying machine." Tupper: "Why?" M.: "No good on earth." ------Walker had a fetching smile She carried when she traveled, And every time she saw a boy That fetching smile unraveled. Senior: "Hello, how's everything?" Probe: "I don't know, I'm not a senior, don't know everything." Dr. Ware: "There is no sleeping in my class." J. Donovan: "I know it. I've been trying for the last half hour." Photographer: "Elevate your chin a little, Miss Donovan." J. Donovan: "Which one?" "What is the secret of success?" said the Sphnix, looking about the operat-"Keep our eyes open," said the needles. 'Keep our eyes open,'' said the needles.
''Never let go,'' said the forceps.
''Keep a good edge,'' said the scissors.
''Don't speculate,'' said the Speculum.
''Never upset,'' said the Barom.
''Be a good sucker,'' said the sponge.
''Never cease searching,'' said the probes.
''Stay where you are put,'' said the dressings.
''Hold fast,'' said the plaster.
''Keep things together,'' said the pins.
''Making cutting remarks,'' said the knives.
''Be always on hand,'' said the gloves. The nurse in the sterilizing room heard the gloves. gate, but the Sphinx had camouflaged here to invest and came in to investigate, but the Sphinx had camouflaged herself into the vest of a doctor and there was silence in the operating room

ing room.

FAVORITE PASTIMES FAVORITE PASTIMES I. Bishop—Entertaining doctors. M. Hualde—Sleeping. M. Sicher—Silently judging characters. F. Williams—Doing nothing. L. Tupper—Making ends meet. B. Deskin—Telephoning. H. Staley—Dancing. B. Robinson—Studying.











Seniors



Sisters

Roommates

Dignified

Chiel Cook

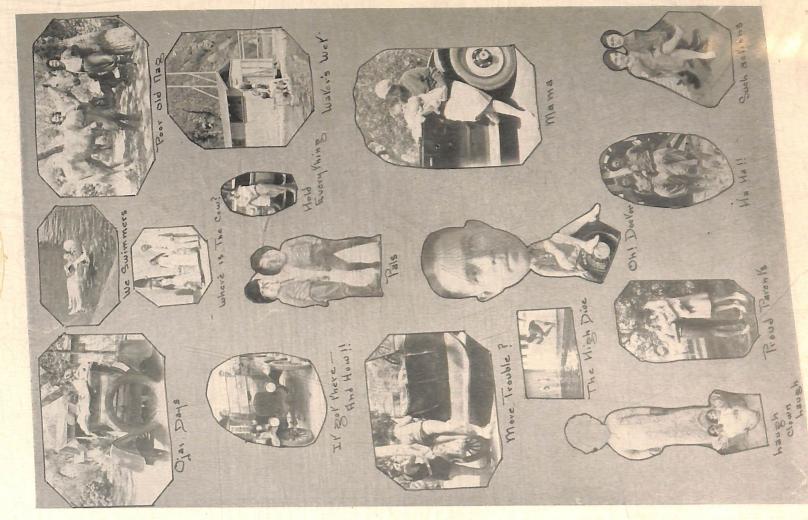
Practicing 94

Ouch!

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Page Sixty-Six

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Page Sixty-Nine

# ANTIDOTE

H. SCHUSTER ("Salt")

"School marm I planned to be; Longed to see health in reverse-Miles away from happy home. Why stand so silent and alone? Why look so blue and glum? But 'twas clearly not for me. Where is your happy home? Far, far longed I to roam Speak, speak, O silent one.

T. GRISINGHER

Oh how I love to nurse!"

Tapped the wrong keys all night: (Many the words spelt wrong!) Dreamed of a uniform white. Come hither, Billy, sprightly, Tell me your story brightly. Days were dreary and long. Fast o'er the keys did play. You who dance so lightly, Oh how I love to nurse!" Thus I my tale rehearse. ("Billy") What was your dream? "Typist was I all day.

M. DE LA GARRIGUE ("Della")

Know you that dreams are often a curse. Cake pans to those that were not cooks. I dreamed and dreamed till weary. Time your tale were begun. Do you yet dream, little nun? I sold all day in tiny nooks Home with a fireside cheery Oh how I love to nurse!" Della, our lovely one, What is your sofrom?

Page Sixty-Eight

\*

### J. DONOVAN

#### ("Donnie")

Awaken, Irish lass. Yet dreaming Of cornfields all golden and gleaming, And a moon thru the green meadows streaming? Awaken! Your dream? "Bread, butter and doughnuts and juicy pie I handed to those that wanted to buy. Sold them all day in a bakery place But longed all the while my steps to retrace. Now wedded to service for better for worse, Oh how I love to be a nurse!"

# BENTHALL

#### ("Bennie")

Here is Benny, strong and brave, Whom many suitors gladly slave. Oh, many were the smiles she gave. Let's get her number. "Tinted have I with every hue Faces and castles and skies so blue. Grew tired of the smears on smock and palette. Now nursing I've chosen—it helps me forget. Let painters paint and fill their purse. Oh how I love to be a nurse!"

# B. FREMOUW

("Ps'st") Blushing Blanche, who hails from L. A. Sold pies and cakes from day to day, But finally decided to come our way. "Why should I in hot kitchen slave? There are other roads far better to pave. To dear St. Francis I will go On a hill overlooking the valley below Where my life will run like a poet's verse. Oh how I love to be a nurse!"

# MAYO

("Gypsy") Mayo, our tallest, slim and dark Has everything but the voice of a lark. For a time flew low, then soared on high With ideals that lifted her into the sky. ANTIDOTE OF 1930

Office work and wanderlust Brought her in the end disgust. No gypsy roaming aimlessly— She must take life more seriously. She left her self-inflicted curse. Oh how she loves to nurse!"

#### H. STAUBLE ("Gobble")

Helen, whose hair is like a raven's wing, Why don't you play, why don't you sing? Loud let your song thru the old halls ring— Your song!

"Weary and long ere the day would go I played, andante now and now allegro, Till I longed to murder-poor little Pan, Though he made the world happy, queer little man. My music I let the winds disperse. Oh how I love to be a nurse!"

#### M. TARNE ("Tarzen")

Tarzen, our warrior like unto Mars, Once was a light with the Broadway stars, She danced and skipped and wore no sox, Then curiously opened Pandora's box. "I danced with glee while the music played, As the saxaphone moaned, my body swayed. When rosy Aurora brought on the dawn My strength was spent, the glamor gone. No more long hours must I rehearse. Oh how I love to be a nurse!"

WALKER ("Jay")

Brownest eyes, our cute coquette, Ruby lips one can't forget. Tell us why you're here, Kismet—

Your reason. "My life was study, a mere co-ed. Parties and dances when day had fled. Then wise Minerva shook her head. My dreams no more must I coerce. Oh how I love to be a nurse!" E. H. M. '31.

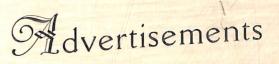
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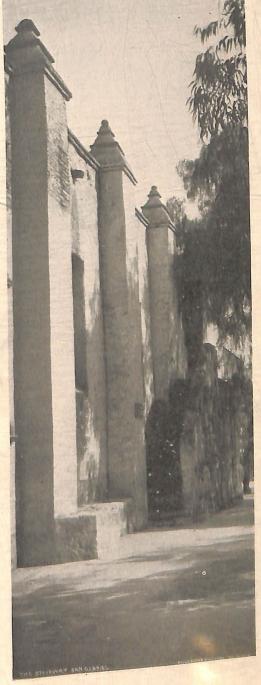
Page Seventy

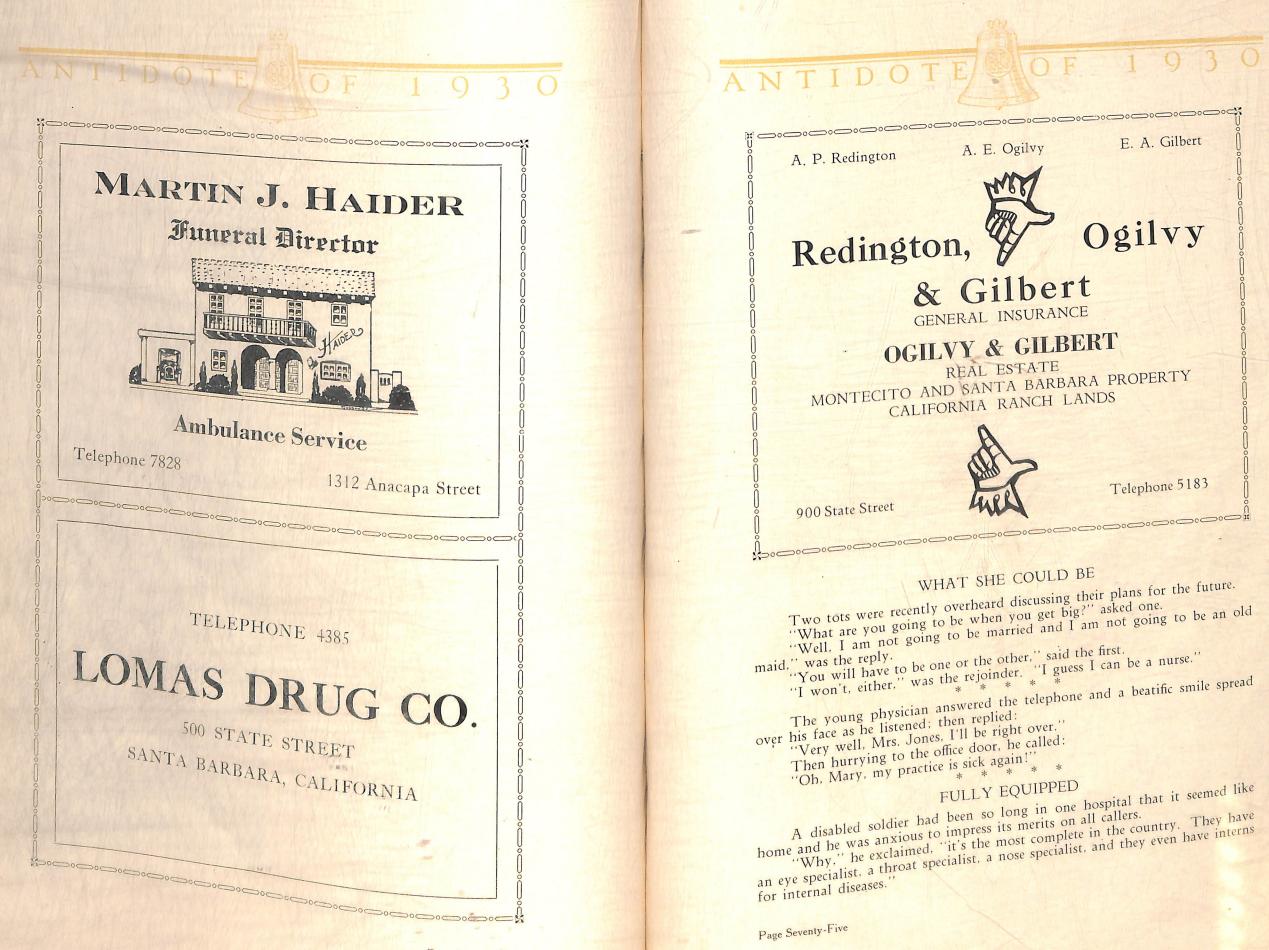
# Mission San Gabriel Arcangel

Mission San Gabriel founded in 1771, several years older than Los Angeles, was famed for its hospitality. Here each year the "Mission Play" is presented. The old grapevine, planted one hundred and thirty-four years ago, is one of the great attractions to tourists. The outside stairway is worn by generations of feet climbing to the choir gallery.

26.0







Page Seventy-Four

# NTIDOTEOF

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Page Seventy-Six

# OF 1930 ANTIDOTE/

Andanca—Andata. Perchanca-Outlata. A Classa-A Quizza. No Passa—Gee Whizza. -...

### MONEY IS POWER

Dr. Major: "A local anesthetic will be sufficient for your operation." Mrs. Newlyrich: "I prefer an important one: the price is no consideration."

I wish I was a little stone a-sitting on the hill, A-doing nothing all day long but just a-sitting still; I wouldn't eat, I wouldn't work, I wouldn't even wash, I'd just sit still the whole day long and rest myself, by gosh.

#### AN ODE

Press me close, all my own; Warm my heart for thee alone: Every nerve responsive thrills, Every caress my being fills, Closer still, for thou art mine, Thou the message, I the wire. I the servant, thou the master, Rousing Red Hot Mustard Plaster.

As Helen Stauble and her boy friend went down to supper, she seemed to hypmotize the waiter told to serve them, for he seemed incapable of taking his

At last boy friend could stand it no longer. "I say, my man," he observed, "what makes you stare so rudely at this eyes off her.

"It ain't rudeness, sir, believe me, it ain't," returned the waiter. "It's gen-

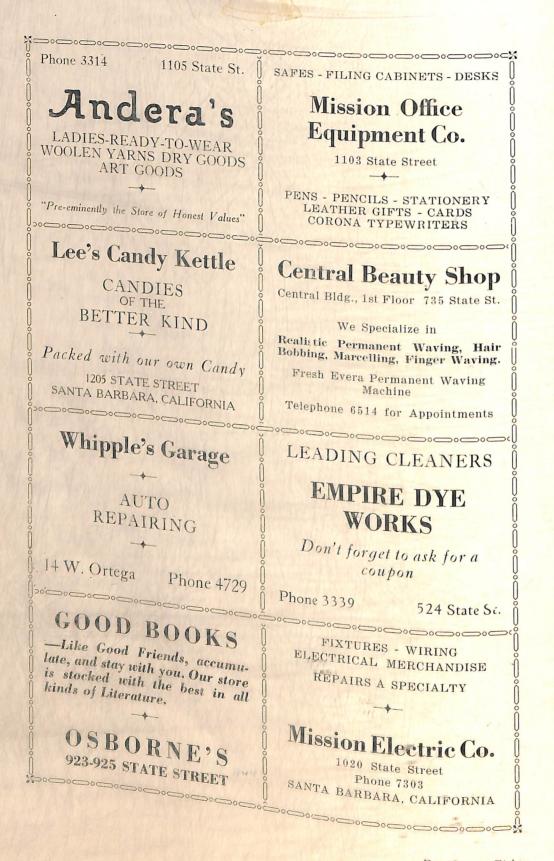
uine admiration. This is the fifth time she's been down to supper tonight. Miss Laubacher: "I have a book you ought to read. Shall I lend it to you?" L. Marks: "Heavens, no, darling; I can't find time to read the books I

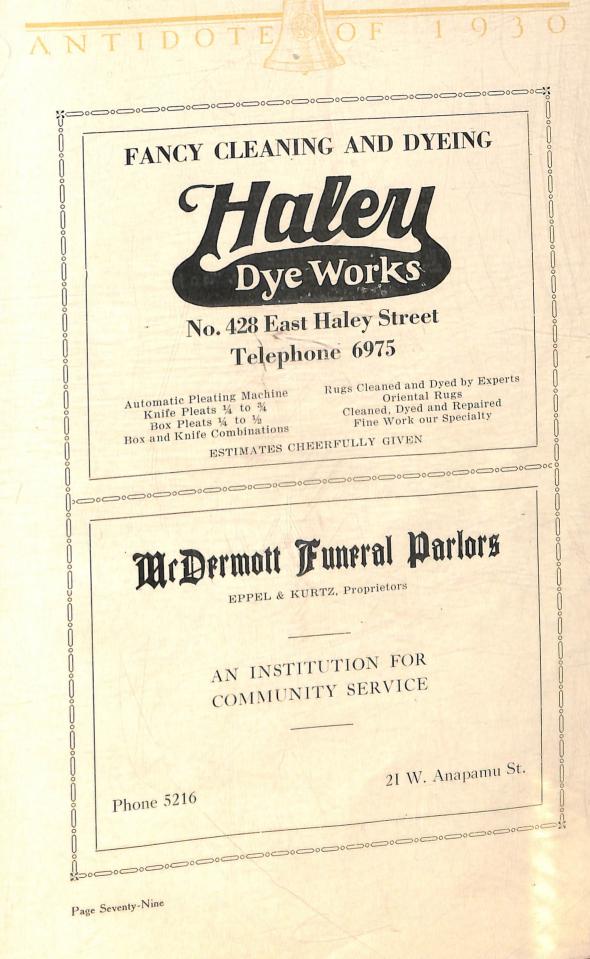
ought not to read."

A book—usually bound to please. A Nurse is like-A train-often gets on the wrong track. A program-subject to change with out notice. An automobile-aften runs people down. A banjo-often picked on by her friends. A cigar-inclined to be puffed up at times. A church-men make sacrifice for her. A stove-often needs a new lid. But still the average man admits that there is nothing like her. Dr. Johnson: "So the operation on the professor was just in the nick of Dr. Pierce: "Yes, in another 24 hours he would have recovered."

Page Seventy-Seven

time.





Page Seventy-Eight

#### Page Eighty-One T. Grisingher: "What kind of a person lives longest?" 1334 State St. Santa Barbara, Calif. Repairing — Hand Pressing Raw Milk Raw Milk Ladies' and Gents' Altering and Miss Angwin: "Name one of the important things we have now that we Grade A Grade A TAILOR -+-MERCHANT A nurse is like an auto, the upkeep is terrible. Dairy If a fellow still has his appendix and his tonsils, the chances are that he is Oscar Gunderson Willow-Brook SUITS TO MEASURE finds something for idle hands to do. Come here and I will give you some Phone 21678 Miss Lord: "Miss Haley, you are not doing anything. The devil always s something for idle hands to do Come here and I will give you some 1023 State Street \_000000 901 De la Vina St. Santa Barbara Doctor: "That will be twenty dollars more for sterilizing your system." ROOLERY Phone 5900 Patient: "The size of your bill makes my blood boil." An account with us will not only be satisfactory, but save you money RALPH RUNKLE Patient: "I know it, Doc., the record is seventy-two hours." ME DEFIAER Doc.: "Now remember you can't dance for two weeks." saods 'sasiuN High Grade Groceries ui buiziloisedS The man said he had a frog in his throat. Now we are afraid that maybe it was the frog that was singing CLARA BARTON We heard a man singing the other night, and it didn't sound any too good. P. J. LENNON 918 State St. 6911 auoud Patient: "All right, Doc., here's two for the medicine. I'll pay the visits SANTA BARBARA, CALIF. Santa Barbara 7elephone 4496 Doc: "Forty-two dollars tins oni tor: dollars for medicine." 1123 State St. The Telesraph Florist of BOHS & JMOTA Patient: "Say, Doc, what's this bill for?" -+-VECHILECLS, SUPPLIES Dony: "Just wanted to tell you that you had two more hours to sleep." ARTISTS' MATERIALS STATIONERY NOITDATSITAS 21 TAHT GIFTWARES S.E. MORRIS Une thing you are sure of when you And "man," she answered and smiled sweetly, "is a jag, a drone and a tank of air." 1227 State Phone 3348 Phone 3482 HOME-MADE CANDIES SANTA BARBARA, CALIF. 1229 State St. *LUNCHES* 'Oh, yes,'' cheerfully replied the patient. ''I'm second mate of Ann Maria, FOUNTAIN SERVICE "You are run down, sir" said the doctor, "you need an ocean voyage. Ready-to-Wear and Millinery Henry A. Weber Chocolate Shop Childrens' and Women's One reason why it is safer to breathe through your nose is because it makes McElroy's Shoppe C. & W. •<u>\_•</u>\_•\_•\_•\_•\_•\_•\_•\_•\_•\_•\_•\_•\_•\_•\_• BUT DOES IT? NALIDOLE OF 1030 VNLIDOLE E 6 I

Page Eighty

didn't have one hundred years ago." Dot Southerland: "Me."

two dollars for medicine."

Billy: "What?"

"gnong gnoH mort ni reul

Will your business permit it?"

you keep your mouth shut.

As Kipling says, my deat:

Woman is a rag, a bone and hank of hair.

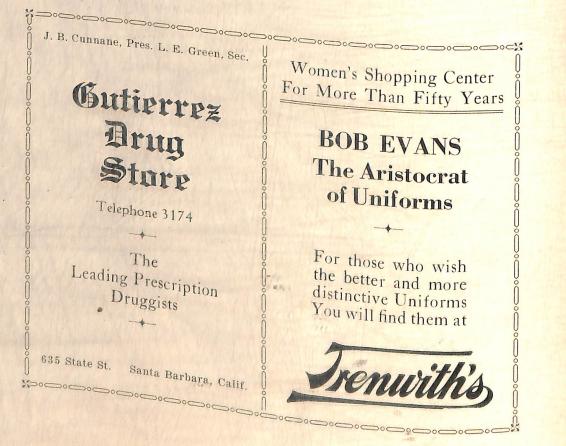
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# WHERE WE FIND THEM MOST

Hualde—Children's Hospital. Bishop—In the Packard. Tupper—With Johnie. Staley—In front of the glass. Robinson—Leaning over the back fence. Sicher—Looking out of the window. Deskin—On the phone. Williams—In the Ford.

HEARD IN THE UTILITY ROOM IN THE MORNING "Gee, I've got 306 again." "What happened to the glycerine." "Who's going to the Fireman's ball tonight?" "I hid a magazine under here last night but I can't find it now." "Who do you have this morning?" "I wish the night nurse wouldn't leave this place so dirty." "There is my bell." "Sister is giving out linen."



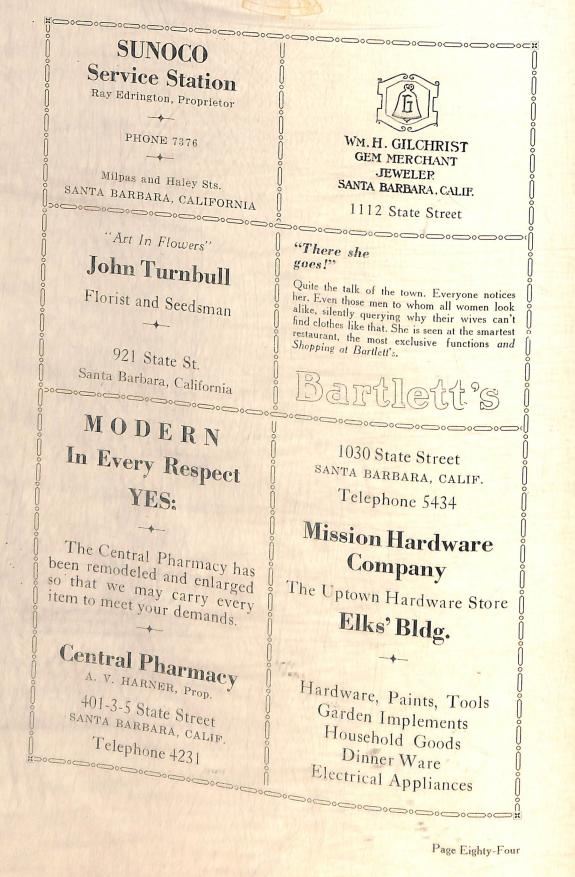
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Page Eighty-Three

# ANTIDOTE



#### ANTIDO 1930 OF

#### HE WANTED HELP

Doctor: "I'll sew the scalp wound up for you for \$10.00." Patient: "Gee, Doc., I just want plain sewing, not hemstitching or embroidery.

"Yes," said the farmer, "1929 was a bad year for corn. But in 1869 it was almost a total failure. We cooked some for dinner and my father ate fourteen acres at one meal." -----

Scientists say that certain musical notes can prevent sleep. So can certain promissory notes. ------

#### A FRIEND IN NEED

It had taken the wife one-half hour to describe her husband's symptoms. Then the doctor went to the bed-side and whispered in the patient's ear: "On the level, now, do you really want to get well?" -.

#### OR THE MORGUE

N. Daly: "What can be done with the by-products of gasoline?" Dr. Warwick: "Usually they are taken to the hospital."

Patient (nervously): "And will the operation be dangerous, doctor?" Doc.: "Nonsense. You couldn't buy a dangerous operation for forty dollars.'

Mrs. Bell was a great talker. She visited the doctor's office one day and told him all her symptoms. She finally paused for breath and said, "Doctor, don't you want to look and see if my tongue is coated?" "I know it isn't," said the doctor. "You don't find grass on a race track."

-----

#### INFINITELY WORSE

Once a friend of Mark Twain's was conversing with him regarding a terrible affliction of a person known to them both. The friend said:

"Can you imagine anything worse than having dyphtheria and scarlet

'Yes," replied Mark. "I can easily imagine some thing worse than thatfever at the same time?" for instance-rheumatism and St. Vitus' dance.

An optomist is a man who thinks his marriage is going to be different.

The son of the family was home on his first vacation since he had attained to the dignity of college instructor. He and his father were discussing affairs of

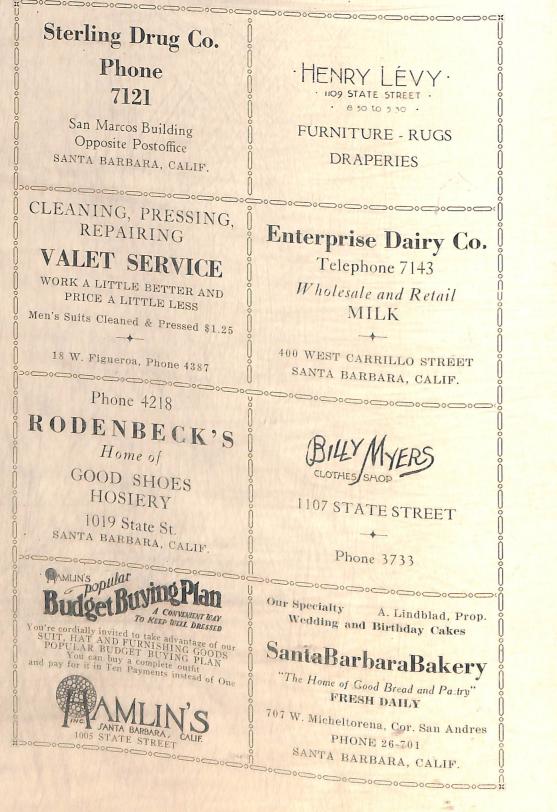
the day, and finally the boy remarked: 'Dad, I hope when I am as old as you I'll know more than you do." "I go you one better, my boy," the father replied, "I hope that when you

are that old you will know as much as you think you do now.

Caller at hospital: "I came to see how my frien' Jo Brown was getting

along." E. Hansen: "Why, he's getting along fine: he's convalescing now." Caller: "Well, I'll just sit down and wait till he's through.

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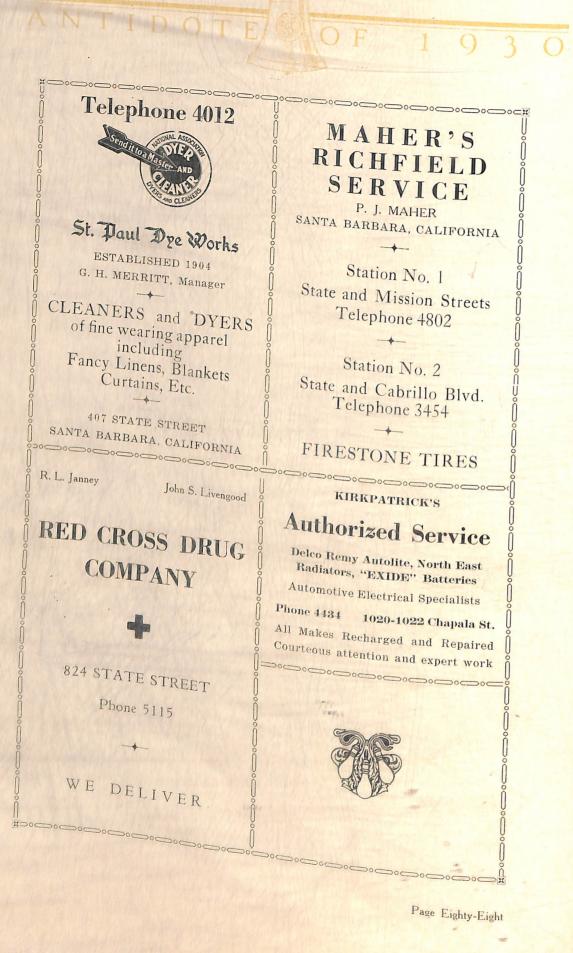


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ANTIDOTE OF 1930

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The school annual is a great invention, The staff gets all the fame. The printer gets the money, And the editor—the blame.

Dr. Warwick (applying stethoscope): "I don't like your heart action you have had some trouble with angina pectoris." I. Bishop: "You are right, doctor, but that isn't his name."

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Page Ninety

# A Lesson You Won't Forget

Five years from now you may not remember when Napoleon crossed the Delaware.

- You may not even be able to name a single opera of that great composer, Shakespeare.
- Algebra may be but a dim recollection and you wouldn't recognize Geometry if you met him on the street.

# But-

ONE lesson you have learned in school you will never forget-that when you need fine printing, you will call on us to do it, just as you did when you wanted the best procurable in printing for your school annual.

From now on your life will be a series of printing needsgraduation announcements: then the first business cards: soon the engagement and wedding announcements and then the business stationery, the letterheads, statements and bookkeeping forms; then the blue or pink ribboned announcements of the first baby. From then on business and social life constantly will require the use of printing and engraving.

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