


ARA



The Antidote

... 1929 ...

TYRO PUBLICATION

— BY —

Student Nurses of the St. Francis Hospital
SCHOOL OF NURSING

SANTA BARBARA,

CALIFORNIA

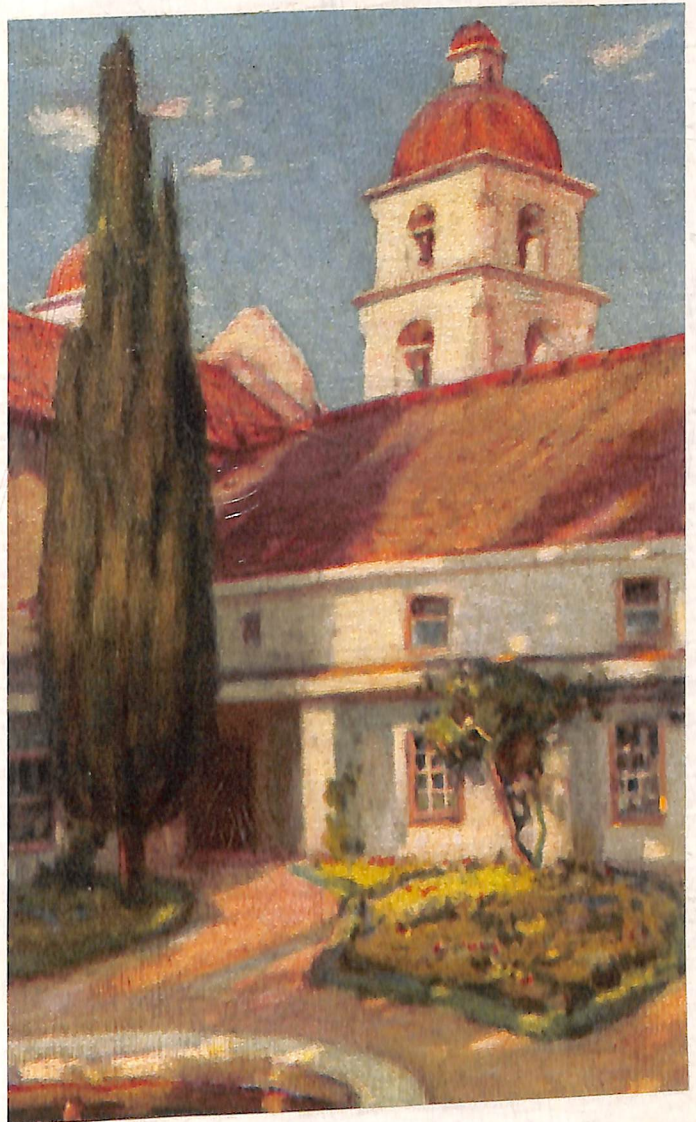


SANTA BARBARA COUNTY
GENEALOGICAL SOCIETY

999.4
SANTA BARBARA
B5
S41
1929

[Faint, illegible handwritten text, possibly bleed-through from the reverse side of the page.]

7486347, Edwin Stein Aug 2002



Foreword

✠✠

To perpetuate the memory of the many happy hours spent within these surroundings, and to commemorate in our hearts the beloved traditions of Saint Francis, has been the purpose of the staff in publishing this book.



Contents

✠✠

I.

Classes

II.

Hospital

III.

Organizations

IV.

Calendar

V.

Humor

VI.

Advertisements

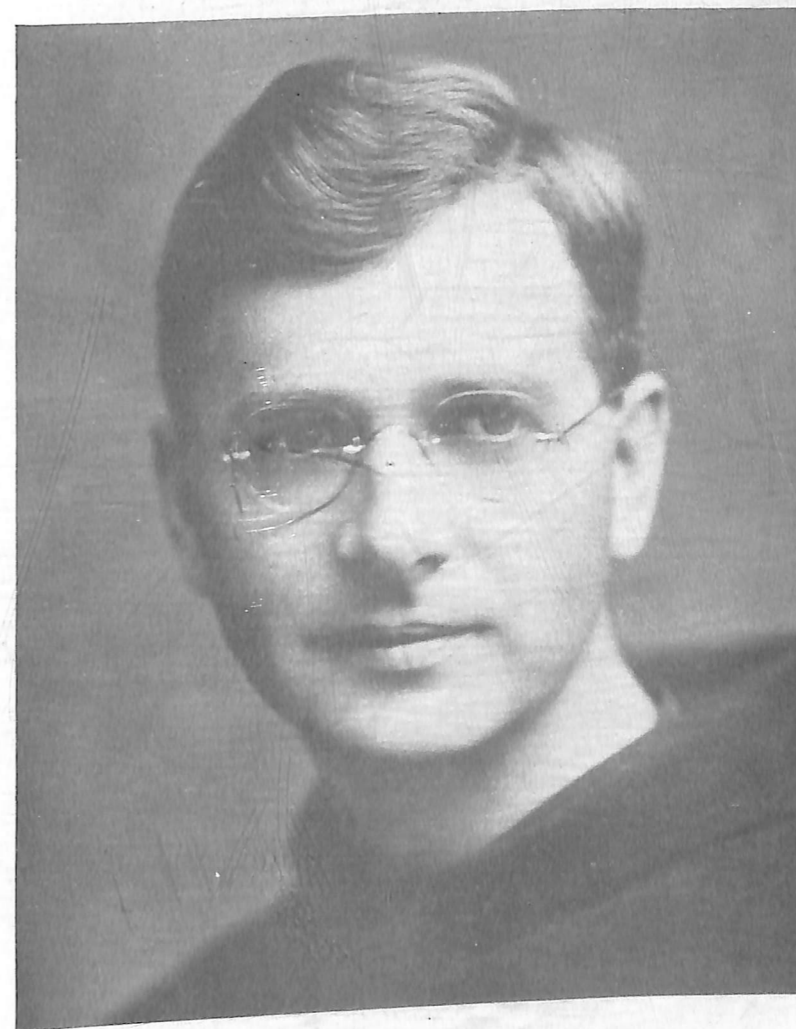
Dedication

*As a tribute of love and esteem
we, the staff and class of 1929
dedicate this
our first annual*

to

HELEN LORD, R. N.
Superintendent of Nurses

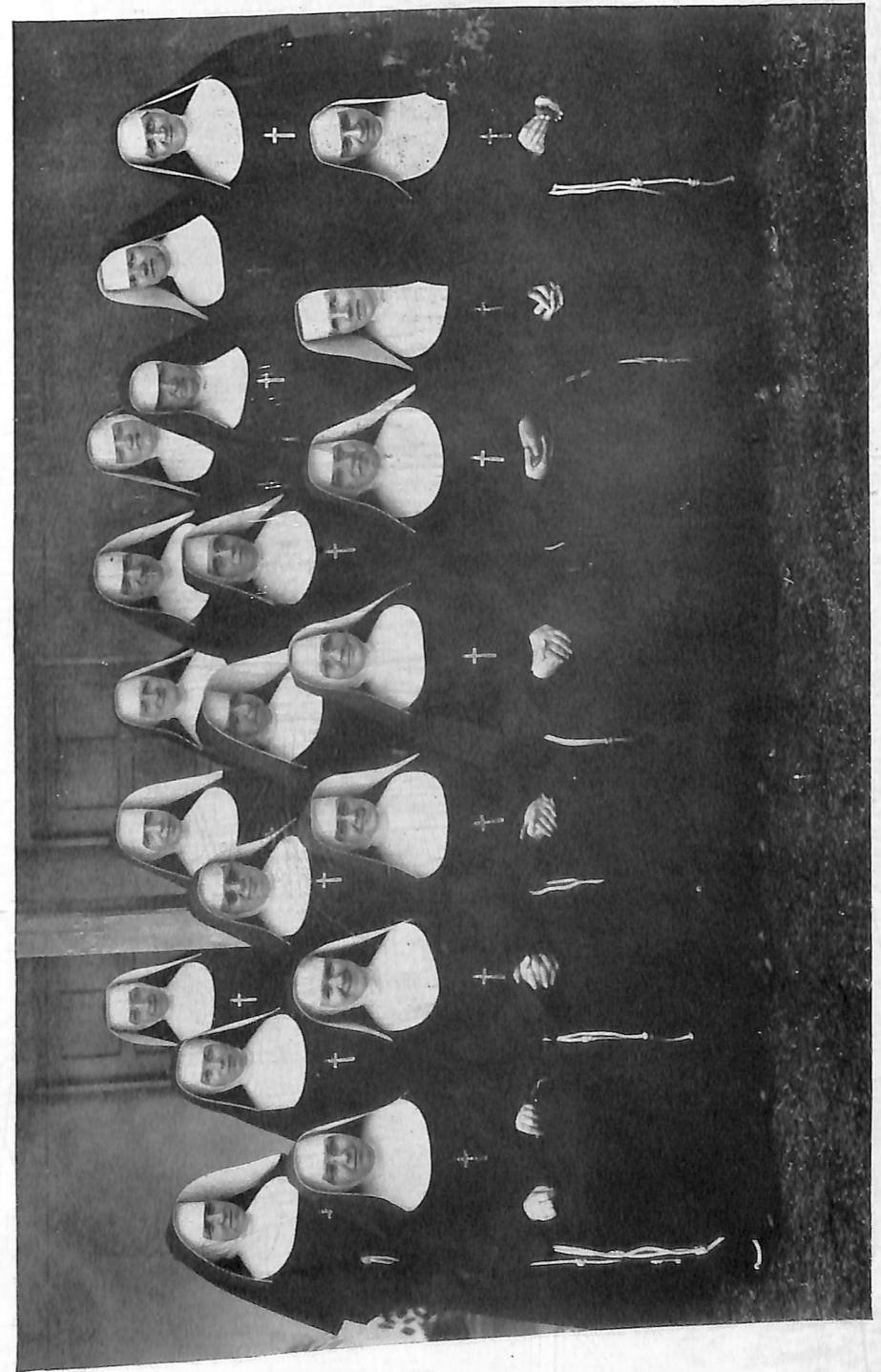




REV. FATHER BENEDICT
Chaplain



SISTER M. ROSINA, R. N.
Superintendent of the Hospital



"OUR SISTERS"

H.L. Schurmeier, M.D.



H. Friedell, M.D.

H.F. Pierce, M.D.



H.O. Koefad, M.D.



B. Bakewell, M.D.



J. Ware, M.D.



E. Lamb, M.D.



G.S. Wells, M.D.



H.E. Henderson, M.D.

N.H. Brush, M.D.



C.B. Nagelman, M.D.



M. Williams, M.D.



G.S. Loveren, M.D.



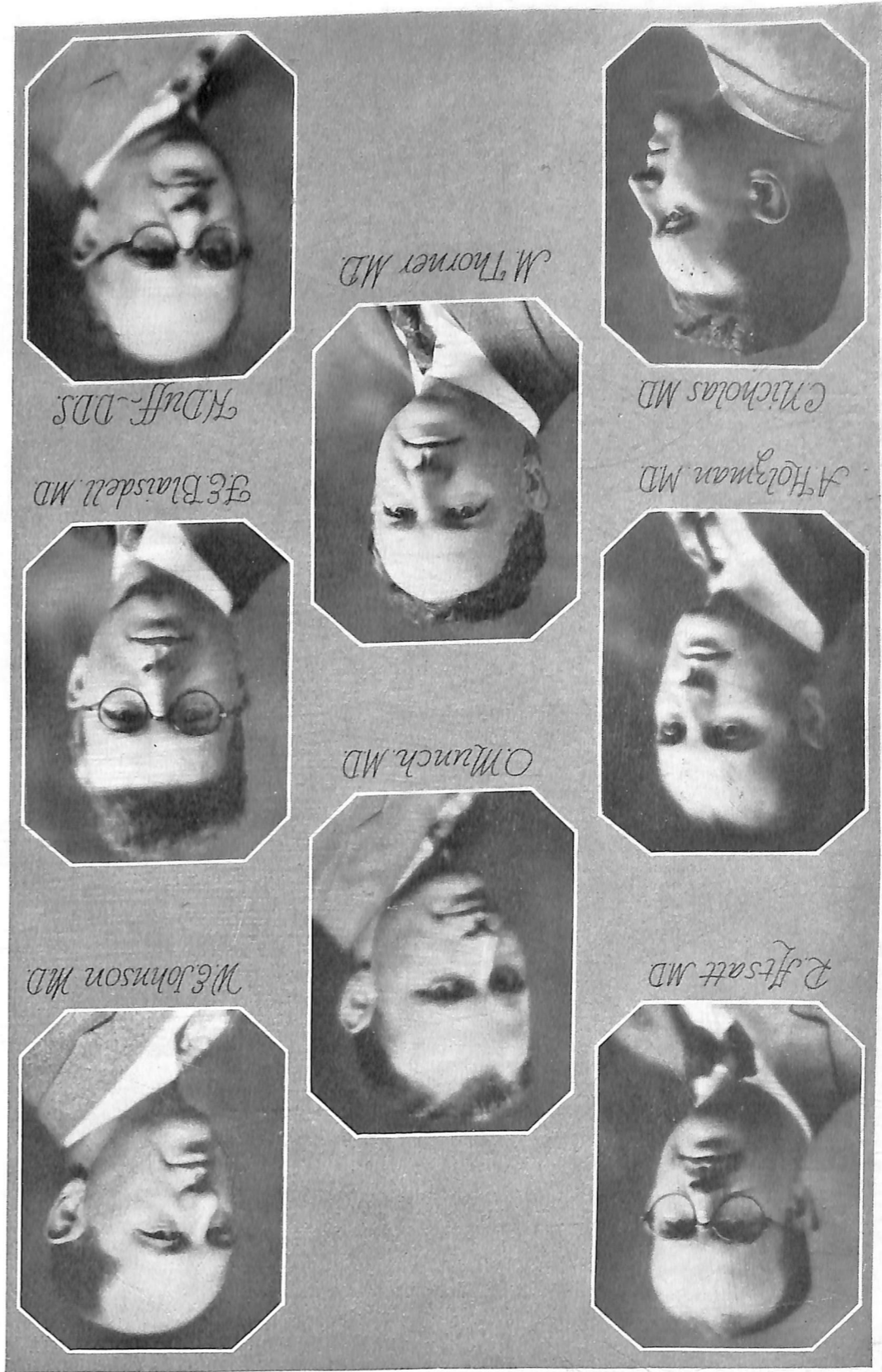
W.J. Mellenger, M.D.

H.G. Spaulding, M.D.



C.S. Stevens, M.D.





Nicholas MD



A. Holzman MD



R. Fitzatt MD



M. Thorner MD



O. Munch MD



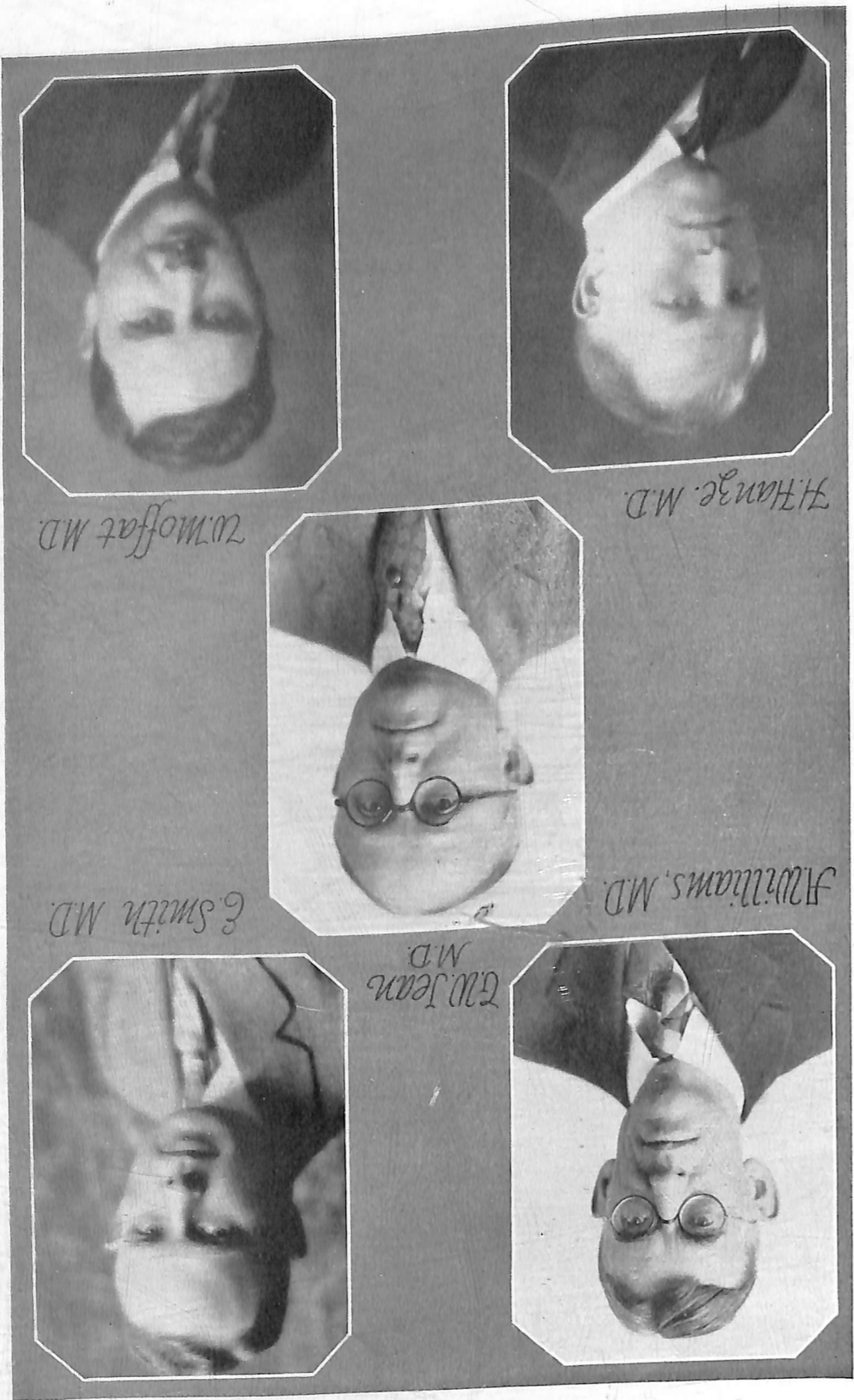
H. Duff DDS



E. E. Brinsdell MD



W. E. Johnson MD



H. Hange MD



J. Williams MD



G. W. Jean MD



W. Moffat MD



E. Smith MD



H. LORD, R. N.
*Superintendent
of Nurses*



R. CAVALLERI, R. N.
Night Supervisor,



C. R. ZWINGLAS, R. N.
*Obstetrical
Supervisor*



M THOMPSON, B. A., R. N.
Instructress,



L. WENZL, R. N.
Anesthetist



R. CHISHOLM, R. N.
*Out Patient
Department*



MISS ANNA E. McCAUGHEY
President St. Francis Womans Advisory Board

Women's Advisory Board

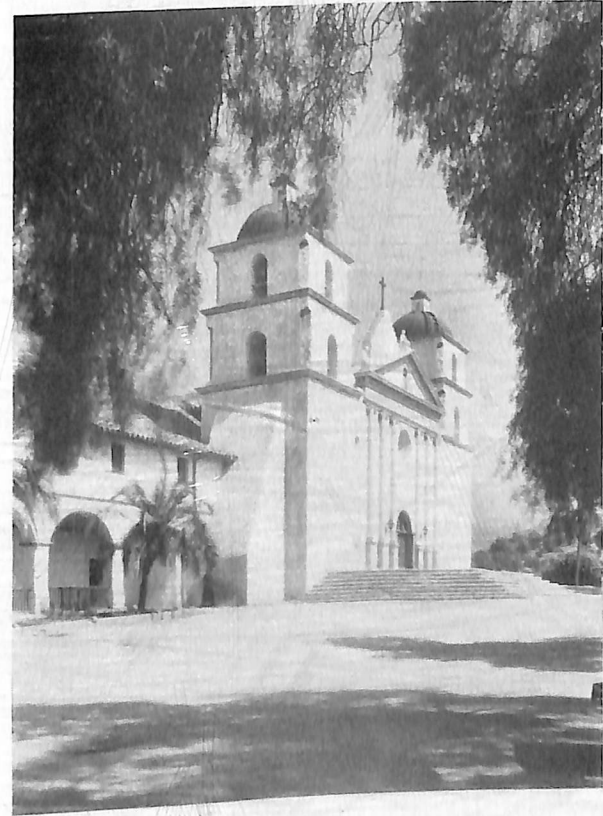
- Anna E. McCaughey *President*
- Mrs. J. P. Maher *Vice-President*
- Mrs. H. F. McCaffrey *Second Vice-President*
- Lydia Scudelari *Secretary*



MRS. P. J. MAHER
Chairman School of Nursing Committee

School of Nursing Committee

- Mrs. P. J. Maher, *Chairman*
- Mrs. J. R. Janssens
- Mrs. Wm. Belt
- Mrs. William Myers
- Miss Mame Sullivan



* * * * Classes * * * *

HAZEL CARROTHERS
"Hessel"
Ventura



RENE GUERRA
"Renie"
Lompoc



RUTH RODERICK
"Roddy"
San Bernardino



NORA SCOTT
"Scottie"
Edinburgh



CLARA WASSERMANN
"Watsie"
Falda, Germany



MARY ELIZABETH DALY
"Daly"
Lompoc



ESTHER LEE AMMONS
"Freddie"
Santa Paula



HELEN ZWIMPFER
"Hede"
Santa Barbara



OLLIE MAY JOHNSON
"Johnnie"
Oxnard



MARY OTERO
"Little Otero Girl"
Santa Barbara



JOSEPHINE CAMPIGLIA

"Jo"

Santa Barbara



ELVEZIA REZZONICO

"Tottie"

Santa Barbara

Graduates' Farewell

Leaving the dear school, classmates,
 We leave thee now behind,
 With pleasant recollections,
 And wishes e'er so kind.
 We'll not forget the dear old place;
 Oh, dear St. Francis, now fare thee well.

School years have sped so swiftly,
 We fain would stop their flight.
 Our hearts were full of gladness,
 Our burden ever light.
 We'll not forget the dear old place;
 Oh, dear St. Francis, now fare thee well.

Leaving the dear school, classmates,
 Our sadness none can tell.
 We say tonight forever, dear school,
 Oh, fare thee well.
 We'll not forget the dear old place;
 Oh, dear St. Francis, now fare thee well.

Lecturers to Class of '29

Dr. Lamb	Anatomy
Dr. Ware	{ Pathology
	{ Bacteriology
	{ Materia Medica
Dr. Friedell	Medical Nursing
Dr. Bakewell	Obstetrics
Dr. Brush	Neuro Psychiatry
Dr. Jean	Diseases of the Eye
Dr. Smith	Anatomy
Dr. Pierce	Surgical Nursing
Dr. Thorner	Surgical Technique and Nursing
Dr. Holzman	Materia Medica

It might be well at this time, to offer a few words of appreciation to the doctors who have given many hours of their valuable time to lecture to us. We thank you, doctors.



M. Sicher E. Von Steinburg H. Staley B. Deskin L. Tupper
B. Robinson I. Bishop M. Hualde F. Williams

Seniors

Who says there is no such thing as presentiment? Some nurses knew that our original class was dwindling and so they came to make our number big again. They were so congenial that we became as one and now who can tell that we weren't raised together from probiehood days? Our class has been nicknamed the "Melting Pot" but the new forever mixes with the old, so wait until we graduate and see what it turns out.



H. Schuster B. Coldren G. Walker E. Mayo H. Stauble B. Fremouw
 M. Treboal M. de la Garrigue M. Benthall T. Grisingher J. Donovan

Juniors

The Juniors have progressed from the enthusiastic "Probie" stage and have taken up industriously the business of being Juniors. They have proved themselves capable of reacting harmoniously with the professional and social life of the school, and are destined to be nurses of whom we may all be proud.



Eveline Hansen Anna Farrelley Viola Meck
 Ethel Lytle Mary Johnson Margaret Gahwolf Phyllis Cross
 Not in Picture—Esther Bell, Lillian Marks, Marcella Laubacker

Preparatory Class

"Sisters to the right of them, Senior Nurses to the left of them," but the Preps strive on and on with a courageous spirit. We are all proud of them and look forward with interest to their "capping."
 Good luck to you, Preps!



~ Children's Hospital ~



~ Miss Wenzel ~



~ Miss Bruce ~



~ Miss Crowley ~



~ Dr. Powers ~



~ Just Kids ~



CHILDREN'S HOSPITAL, LOS ANGELES

Moss

Affiliation

From the beginning of civilization, if not from the origination of mankind, it might be appropriately stated, that the success or failure of any race has been due largely to the fact that the race learned or failed to learn that their very physical existence depended upon their ability or knowledge to preserve, protect and administer unto the offspring of the species. In all probability,—it at least seems feasible, that mankind of to-day would have been enjoying a state of physical perfection, had our ancestors, say of the stone age, diverted and concentrated their efforts toward the banishment of disease; taking for granted that they possessed the mental facilities to cope with situations as they arose without recognizing defeat.

Mindful of all these facts and theories, it behooves each of us to seize and grasp all the information that it is our opportunity to come

in contact with,—and pass on at our going, the knowledge that we have gathered, to posterity, that they may the better understand.

During the course of training at the Childrens' Hospital, it is more strikingly impressive to the student nurse, that the child of to-day is the man of tomorrow. It becomes on the realization of that truth, an automatic debt that we, as individuals owe to society and the human race in general, rather than to any institution or organization in particular. However, institutions are vital in that they make the treatments and physical adjustments a reality.

The fact that all the patients are of such tender years, makes the situation at once one of pathos. It has an appeal that is not to be denied, and the thought that one has striven to do for the helpless, and administer to them, is more than sufficient to recompense for whatever effort might have been spent in the accomplishment.

Summarizing the experiences undergone at the Childrens' Hospital, it might be said that the benefits received are equal to the quality of the efforts expended.

H. CARROTHERS '29.

Alumnae

ST. FRANCIS ALUMNAE

The Saint Francis Alumnae was organized in 1921 with a membership of thirty-two. This number has now increased to a membership of fifty-six graduates and nine prospective members pending the results of their State Board Examination.

The purpose of the Alumnae is to promote good fellowship between the different classes of graduates and members, thereby bringing them closer together, and to strive for the highest standards of the nursing profession.

Our fast-growing membership list is as follows:

- CATHERINE CALLAHAN (private duty) 1134 Santa Barbara Street, Santa Barbara, California.
 MRS. P. TOMPKINS (Helen Clark), graduated May 1910, 627 Bradbury Avenue, Santa Barbara.
 MRS. MINERVA MALONEY, graduated November 1910 (private duty) 2375 Jackson Street, San Francisco, California.
 MISS ANNA NIDEVER, graduated 1910 (private duty), Honolulu, T. H.
 MRS. GRACE DONNELLY (Grace Ruffner), graduated 1911, Santa Barbara, California.
 SISTER MARY PETRONELLA, graduated 1911, (Sister Superior), St. Anthony's Hospital, Chicago, Ill.
 MRS. EDGAR PECK (Bertha Stein), graduated 1912, 429 West Islay Street, Santa Barbara, California.
 MRS. A. BENNET (Anna Jacobs), graduated 1912, 741 Madison Avenue, Santa Clara, California.
 MISS MARY ARBEITER, graduated 1912 (private duty), Santa Clara, California.
 SISTER M. ROSINA MERKEL, graduated 1912, (Sister Superior) St. Francis Hospital, Santa Barbara, California.
 SISTER M. SALVATORA, graduated 1913, St. Joseph's Hospital, Joliet, Illinois.
 SISTER M. ANGELA, graduated 1914 (private duty) St. Francis Hospital, Santa Barbara, California.
 SISTER M. EMMANUELLA, graduated 1913, St. Joseph's Hospital, San Francisco, California.
 SISTER M. DELPHINA, graduated 1914, St. Joseph's Hospital, Elgin, Illinois.
 SISTER M. MARCIANNA, graduated 1914, St. Joseph's Hospital, San Francisco, California.
 SISTER M. HENRIKA, graduated 1914, St. Elizabeth's Hospital, Danville, Illinois.
 SISTER M. ALOYSIANA, graduated 1914, deceased.
 MRS. H. G. PARKS (Catherine Shea), graduated 1915, Goleta, California.
 MRS. CARROL R. COÛTURE (Elizabeth A. Klaren), graduated 1916, deceased.
 MRS. M. SCHOLL (Josephine Sota), graduated 1916, San Luis Obispo, California.
 MISS JOSEPHINE ARBEITER, graduated 1917, deceased.
 MRS. ANNA FOSTER, graduated 1918, (Superintendent) Santa Maria Hospital, Santa Maria, California.
 MISS ROSE DOHERTY, graduated 1919, Mills Memorial Hospital, San Mateo, California.
 MRS. ALETHA MCCORMICK (Aletha Fisher), graduated 1918, Hollywood, California.
 MISS CRESCENCE COOK, graduated 1919 (private duty), Santa Cruz, California.
 SISTER M. FINA, graduated 1919, present secretary of St. Francis Hospital, Santa Barbara, California.
 MRS. M. GUILFOYLE (Margaret Carter), graduated 1920, Los Angeles General Hospital, Los Angeles, California.
 MRS. DON HUMPHRIES (Theresa Scholl), graduated 1921, 3201 Calle Cedro, Santa Barbara, California.
 MRS. ARTHUR SPRING (Ellen Hughes) graduated 1921, San Luis Obispo, California.

- SISTER M. BERTHA LUTZ, Queen of Angeles Hospital, Los Angeles, California.
 SISTER M. CLEMENTINA, graduated 1921, assistant surgical supervisor St. Francis, Santa Barbara.
 MISS HELEN M. LORD, graduated 1920, Superintendent of Nures, St. Francis Hospital, Santa Barbara, California.
 SISTER M. HEDWIG MULLER, graduated 1922 (Supervisor) Queen of Angels Hospital, Los Angeles, California.
 SISTER M. VITALIS, graduated 1922 (Supervisor) St. Joseph's Hospital, San Francisco, California.
 MRS. BERT PERELLO (Clara Mautino), graduated 1921, 530 West Carrillo Street, Santa Barbara, California.
 MRS. J. REEDY (Frances Ortega), graduated 1924 (private duty), 237 W. Victoria Street, Santa Barbara, California.
 MISS DOROTHY MARTIN, graduated 1924 (private duty) 922 Quinientos Street, Santa Barbara, California.
 MRS. JACK STERET (Alice Wright), Graduated 1925, Pomona, California.
 MISS MAE SHEEHAN, graduated 1925 (Public Health Nurse) Richmond Place, St. Louis, Missouri.
 MRS. KATHLEEN COLLINS, graduated 1925 (private duty), Santa Barbara, California.
 MRS. A. C. WARREN (Frances Harrison), graduated 1925, Office Nurse at Santa Barbara Clinic, Santa Barbara, California.
 MISS MARJORIE BROTHERS, graduated 1925, (private duty), 120 N. Aliso Street, Santa Barbara, California.
 MISS AGNES LIEBERMANN, graduated 1925, surgical supervisor at Santa Ana Valley Hospital, Santa Ana, California.
 MRS. HARRY REUTER (Mary Benthall), graduated 1925 (private duty) Santa Barbara, California.
 MISS NELLIE HOURIHAN, graduated 1926, surgical supervisor at Mountain View Sanitarium, San Luis Obispo, California.
 MISS WINIFRED BASHFORD, graduated 1926 (private duty) Chapala Street, Santa Barbara, California.
 MISS BARBARA ROWE, graduated 1926 (private duty), Goleta, California.
 MISS ALICE KELLEY, graduated 1926 (private duty), Rosemont Avenue, Los Angeles, California.
 MISS MILDRED VAN CLIEF, graduated 1926, (private duty), Lompoc, California.
 MRS. JACK STENSON (Cecelia Feeley), graduated 1926, Santa Barbara, California.
 MISS ALICE MAGNI, graduated 1927 (private duty), Euclid Avenue, Santa Barbara, California.
 MISS SUSAN CHAUVEL, graduated 1927, (private duty), Gutierrez Street, Santa Barbara, California.
 MISS GENEVIEVE CAVALLI, graduated 1928, (private duty), Mission Canyon, Santa Barbara, California.
 MISS KATE JAEGER, graduated 1928, (private duty), Laguna Street, Santa Barbara, California.
 MISS THERESA GUTERREZ, graduated 1919, (private duty), Ventura, California.
 MISS MILDRED HORNING, graduated 1927, (private duty), 610 1/2 Carrillo Street, Santa Barbara.
 MISS ALMA PAULUS, graduated 1928, (private duty), Garden Street, Santa Barbara.

Those becoming a member of Alumnae pending the result of their State Board Examinations are as follows—

- MISS EMMA MLYNEK, graduated 1927, (private duty), East Anapamu Street, Santa Barbara, California.
 MRS. I. PETERSON (Inez Obiols), graduated 1928, (private duty), Santa Barbara, California.
 MISS ROSEMARY LYNE, graduated 1928, (private duty), Anacapa Street, Santa Barbara, California.
 MRS. MAUDE WILLSON, graduated 1928, (private duty), Santa Barbara, California.
 MRS. LAURENCE MILLER (Julia Ortega), Santa Barbara, California.

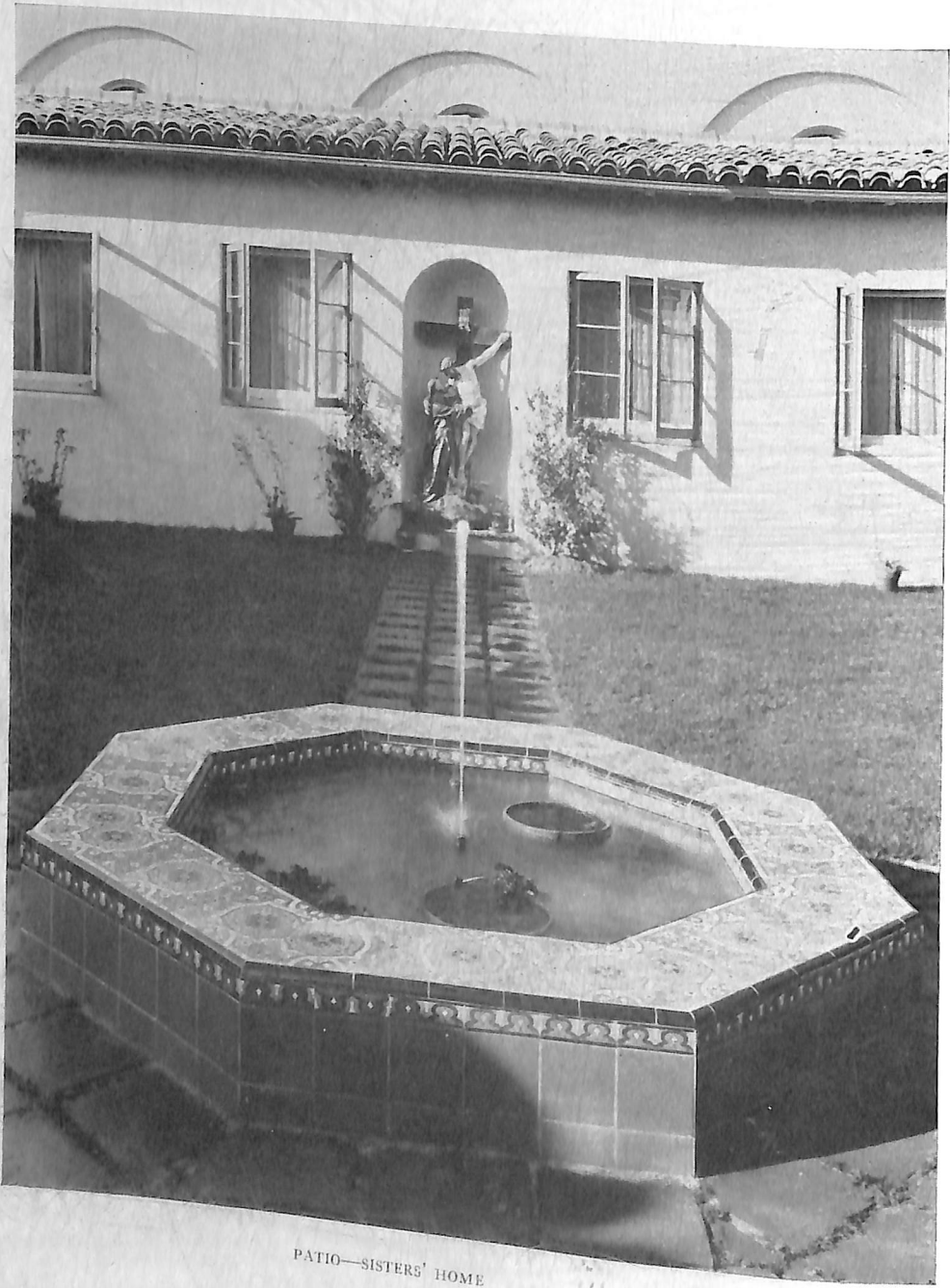
—MARY REUTER, R. N.



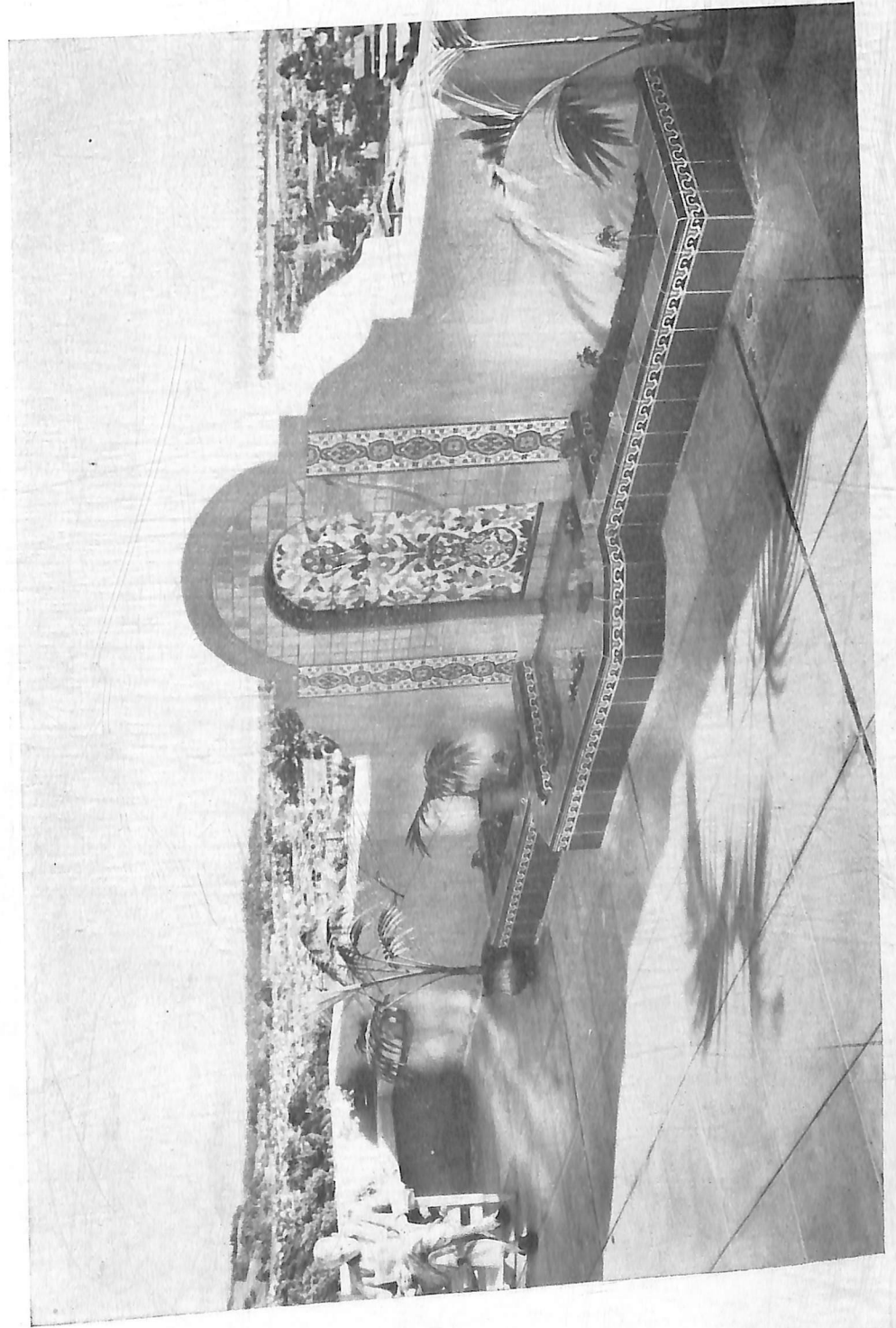
* * * Hospital * * *



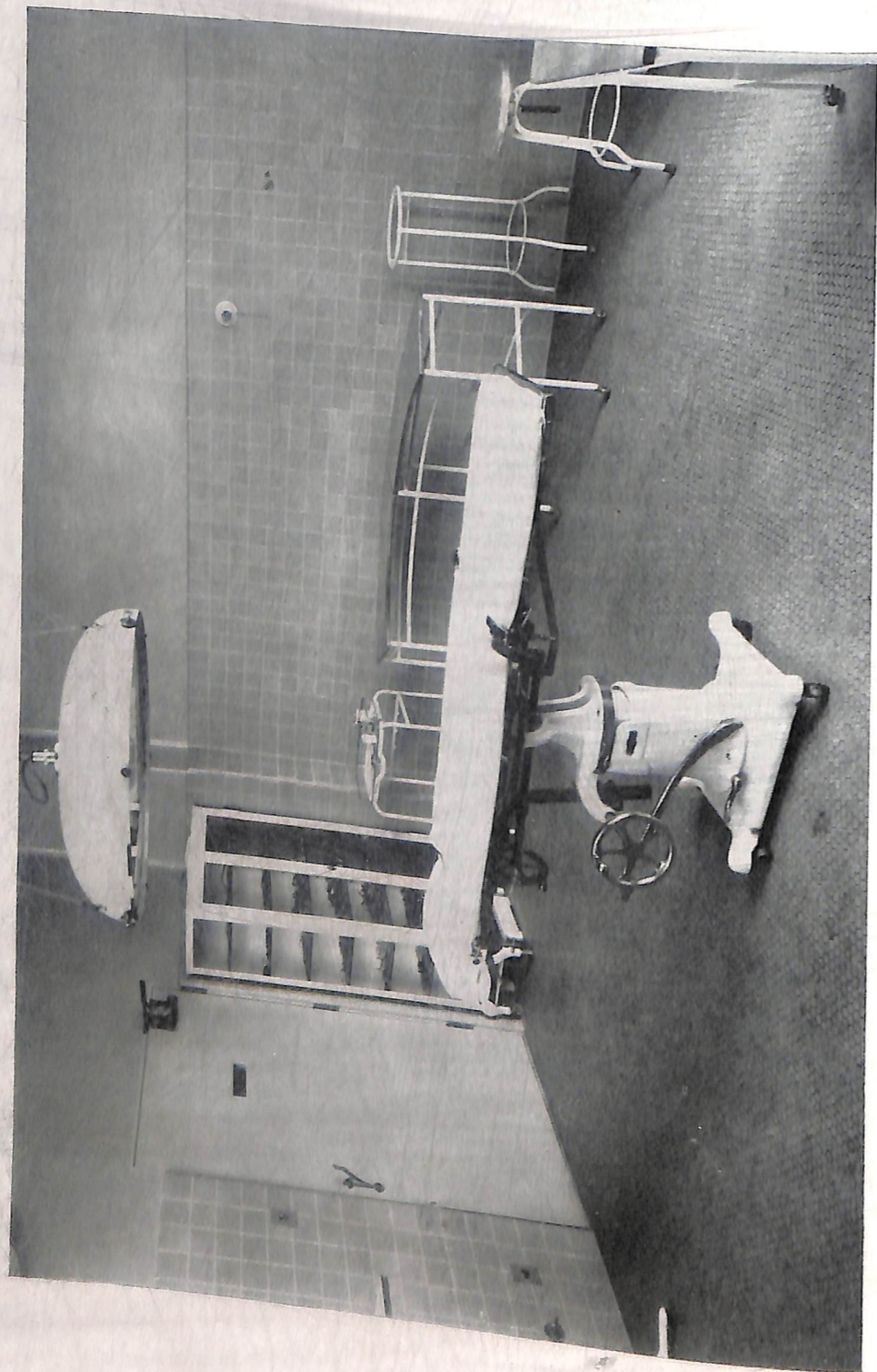
OFFICE



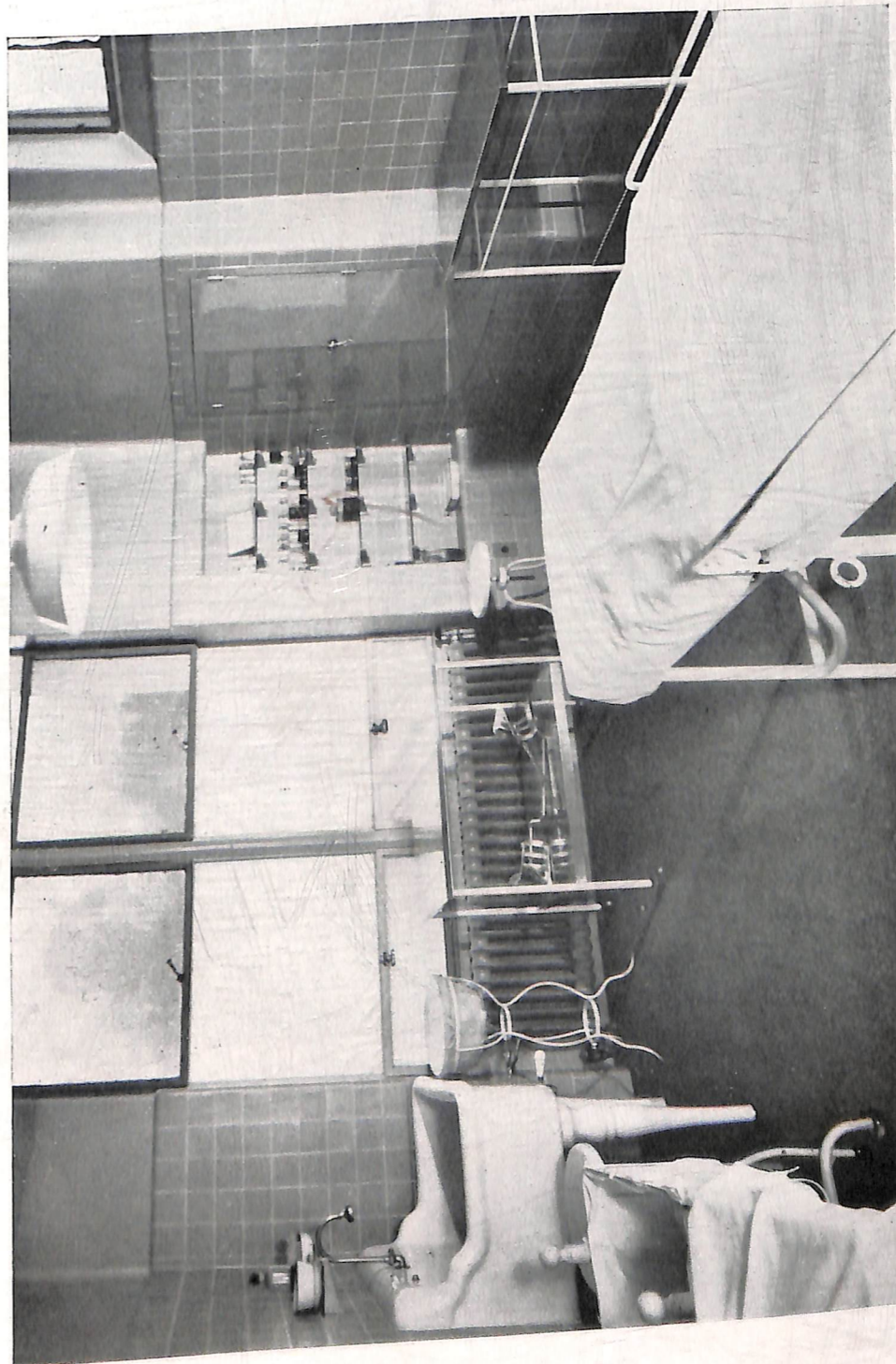
PATIO—SISTERS' HOME



SUN DECK—THIRD FLOOR



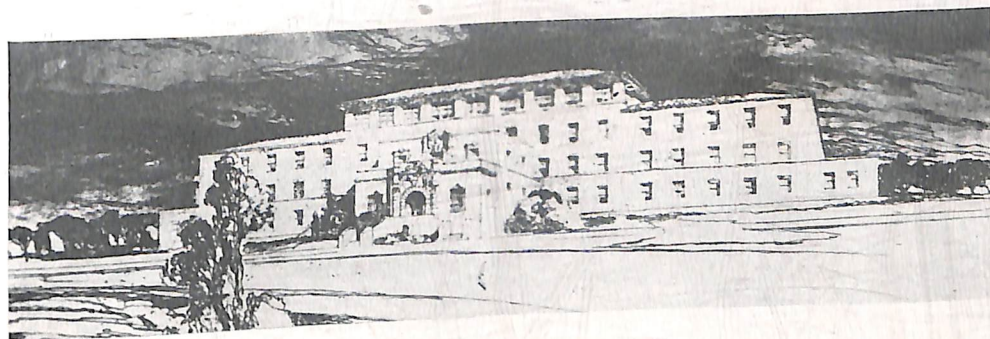
MAJOR OPERATING ROOM



DELIVERY ROOM



CHAPEL



ST. FRANCIS HOSPITAL

In 1908, eight sisters left Joliet, Illinois, for Santa Barbara, purchasing on their arrival with borrowed money, the Quiesesana hospital and sanitarium, which is now the building occupied by this hospital as a nurse's home. They soon had a growing hospital but lacked financial backing, and were it not for the aid of the Franciscan Fathers, and assistance from the St. Joseph's Hospital, of San Francisco, they would have been destitute.

The sisters had the will to persevere. They determined to place the institution in the first rank. "Service" was the watchword. It was a bitter and at sometimes apparently a losing fight. Bit by bit the community saw the work of charity and care for the sick and rallied to the help of the Sisters.

With the aid, in part, of the public, in September, 1923, a new Saint Francis Hospital was finished. On that morning, never to be forgotten by those who were in Santa Barbara, June 29, 1925, the new building, less than two years old, was twisted and shattered. Not a patient was injured. The building was damaged beyond a point of safety, and it was necessary to erect anew. At that time the Sisters had an indebtedness, on the cost of the building, of over \$100,000.00. The General Relief Committee, from the funds raised throughout the state and in Santa Barbara, recognizing the work of charity and mercy of the Sisters, allocated of the funds raised, the sum of \$220,000.00 toward the erection of a new hospital. During the construction of the hospital, in order that the patients might have care and attention in the old nurse's home, the Sisters expended \$30,000.00 in reconstructing the old hospital into a temporary hospital, all of which was devoted to hospital work. The Sisters slept in rows in the garage and under the porches of the hospital, and it was necessary actually, in times of rain,

for them to maintain umbrellas over their beds. Such is the spirit of Saint Francis Hospital.

The cost of the present hospital exceeded the funds available. Unsolicited gifts from the public, gifts from other hospitals of the same Order, all recognized the need of a hospital in Santa Barbara, with the Sisters, pledging their credit and resources, together with the money from the Relief Committee, have made possible the building of this hospital. A heavier debt than before the earthquake exists on the hospital, but with confidence in the patronage of the community, and its good will, the Sisters bravely approach the future.

* * *

Night in the Surgical Ward

By LAWRENCE D'ORSAY

Marching to absolute dominion,
 Lord over nerve and brain,
 When night spreads wide her sable pinion,
 Comes pain.
 Pain, the true king of all things living,
 Walks monarch of the ward;
 For daylight's peace and patience giving
 A sword.
 Down the dim-lighted hall of sorrow,
 Where white beds faintly gleam,
 Proud courage calls on hope, to borrow
 A dream.
 A dream of ease, of balm and healing,
 Of bodies strong and whole.
 The vision fades!!—and Pain comes, stealing
 The soul.
 Stealing the soul that would be stoic
 When faith and hope lie prone.
 Pain laughs, and wrings from lips heroic
 A groan.



* * Organizations * *



N. Scott I. Bishop M. Hualde H. Carrothers E. Ammons
 M. Otero E. Rezzonico R. Roderick H. Lord B. Deskin

Antidote Staff

- Editor R. RODERICK
- Assistant Editor N. SCOTT
- Business Manager I. BISHOP
- Assistant Business Manager M. OTERO
- Alumnae E. REZZONICO
- Snaps M. REUTER, R. N.
- Humor E. AMMONS
- Calendar M. HAULDE
- Medical Staff H. CARROTHERS
- Faculty Advisor B. DESKIN
 H. LORD, R. N.



Student Body Officers

FIRST SEMESTER

R. Roderick..... *President*
 N. Scott..... *Sec.-Treas.*

SECOND SEMESTER

H. Swimpfer
 M. Hualde



Student Council

Rene' Guerra

Viola Meck

Mary Daley

Irene Bishop

Grace Walker

Erestine Mayo



L. Tupper H. Stauble N. Scott G. Walker E. Mayo I. Bishop E. Ammons R. Roderick
M. Otero E. Rezzonico M. Benthall M. Treboal J. Donovan T. Grisingher

Bridge Club

President Miss Ammons Secretary Miss Tupper

Organized for entertainment on cold rainy evenings, but it became so popular that the girls stayed home on other evenings.

Meetings are held twice a month.

Refreshments are insured by monthly dues from the members.

Other than playing bridge the Club has enjoyed theatre parties and evening suppers at the El Cortijo.



M. Treboal L. Tupper H. Schuster I. Bishop E. Mayo H. Stauble G. Walker B. Coldren
F. Williams T. Grisinger M. Benthall J. Donovan M. Tame

Glee Club

President Miss Bishop Secretary Miss Johnson

Feeling a great demand for rejuvenation at times, a Glee Club was organized. Practice is held every week and it is by far the most active group in the school.

At Christmas the Club did the usual caroling through the hospital and to various homes, where more than one cup of coffee and cookies awaited them.

During one of the meetings the group decided to migrate to the beautiful Ojai for an outing. 'Nuff said. We all know those famous Ojai trips.

Miss Lord, the director and accompanist, has been very patient with the "Do-Re-Mi-"



B. Robinson B. Deskin T. Crisingher H. Stauble M. de la Garrigue D. Colden J. Donovan
H. Zwimpfer L. Tupper M. Benthall E. Mayo E. Ammons G. Walker H. Staley
E. Rezzonico J. Campiglia B. Fremouw

Swimming Club

President B. Deskin

The Club was organized January 1929, by girls interested in aquatic events. Though a comparatively young organization, it is quite evident that the Daughters of Neptune will be a very active group this summer. Miss M. Thompson is sponsor.



B. Robinson H. Zwimpfer T. Crisingher H. Stauble B. Fremouw
H. Staley E. Rezzonico E. Mayo G. Walker M. Benthall
J. Campiglia M. de la Garrigue L. Tupper R. Roderick N. Scott

Knock-About Club

President M. Benthall
Honorary Member H. Lord

Organized January 1929, by the "ruffians" of the school. The purpose of the Club is to plan hikes, outings, week-end trips, etc. throughout the year. It is a very informal organization, having no dues or regular meetings. The initial hike was taken by the Seniors the middle of January to the Painted Cave.

Calendar

May 14—Graduation and Reception at Recreation Center. Another year gone and we are bidding goodbye to our dear classmates, Misses Jaeger, Objols, Cavalli, Paulus, Lyne, and Willison.

May 29—Hard Times party! Everyone perfectly at home!

June 28—California Student Nurses Convention with Roddy as our representative. She comes back from Riverside full of ideas and renewed enthusiasm.

July 10—Miss Davens is off for a much needed vacation. Miss Scott has taken her place as O. B. Sup.

July 25—Weinie Roast at Cabrillo Beach. What happened to the Boy Friends? Ask Campiglia.

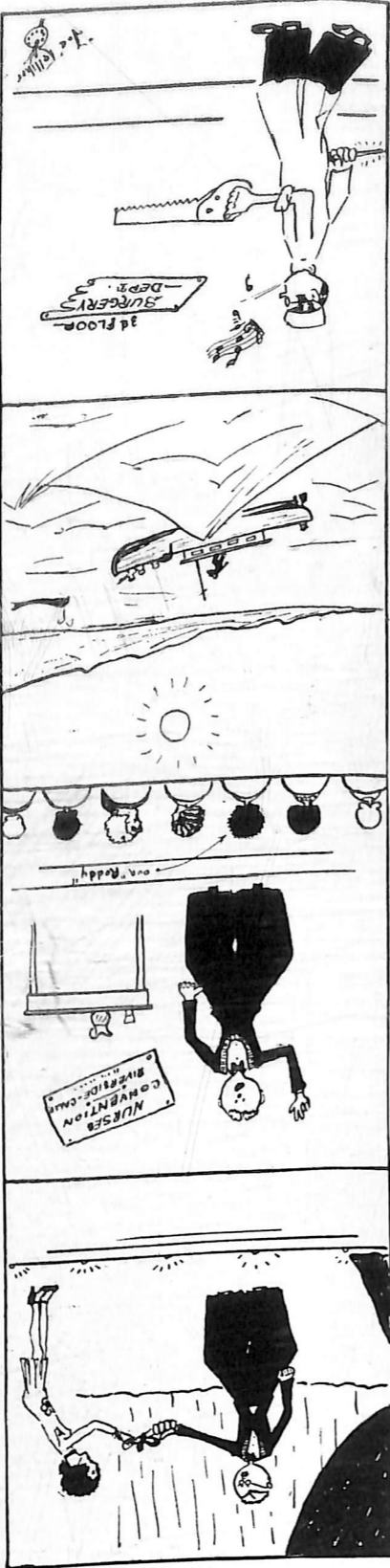
July 26—Election of new S. B. officers with Roderick preceding Carrothers as President, and Scott preceding Roderick as Sec.-Treas.

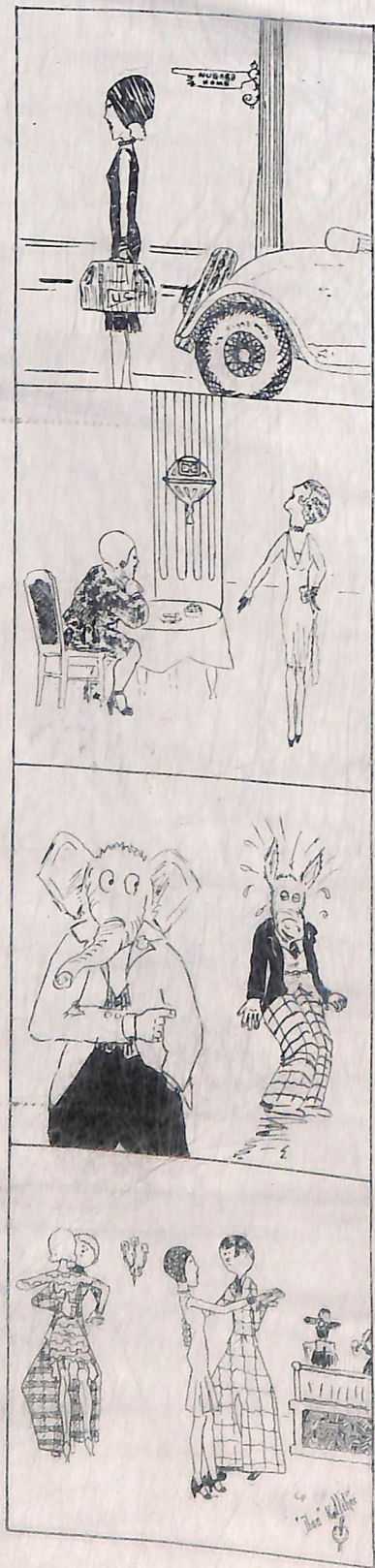
July 27-28-29—Island Trip with State College. Scott, Roderick, Haider, and Deskin report a marvelous time.

Aug. 1—Carrothers and Guerra off to Children's. Goodbye and good luck!

Aug. 1—Brings us four transfer students, Misses Walker, Coldren, Tupper, and Staley. Welcome girls! We hope you like it here.

Aug. 14—Track Meet. We claim Zwiimper an athlete. Mrs. Ammons and her tonsils are permanently segregated.

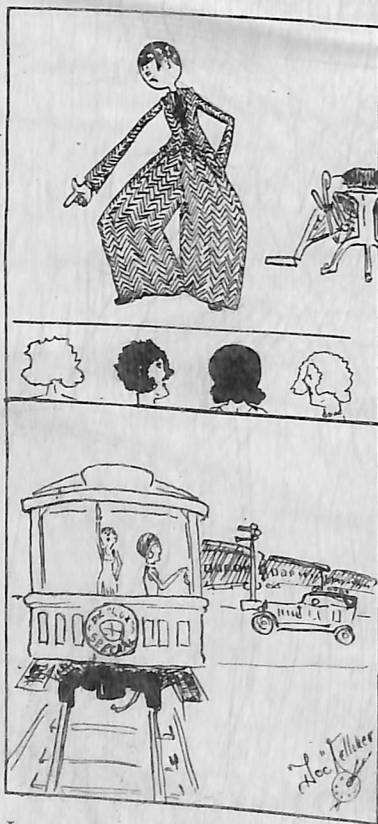




- Aug. 18—Sisters Picnic. Do they break records for sunburn? Ask Sister Zita and Sister Magna.
- Aug. 20—10:00 P.M. Lights out! Not tonight. We had a party—eats 'n everything!
- Aug. 21—Ammons seems to have a monopoly on the surgery. She had a Sub Mucus Resection today.
- Aug. 24—Misses Bishop and Hualde give us a Spanish dinner—Beans and Tamales—Zowie!
- Sept. 1—New instructress, Miss Thompson from U. of C., and her new students, the "Probies," arrive. Miss Davens, "Ma" to all the nurses and babies for several years, leaves the institution for good to try Specializing, for a change.
- Sept. 7—Monthly A. S. B. meeting. Good and snappy.
- Sept. 23—A new member on the Hospital Staff, Miss Zwinglas, comes to relieve Scott as O. B. Sup.
- Oct. 4—Tea and Fashion Show. So many pretty frocks through the courtesy of "The Angela." Who modeled? We'll never tell!
- Oct. 15—Watsie in Nursery. Babies!! Babies!! Babies!! Morning! Noon! and Night!!
- Oct. 21—Loud Speaker in the dining room! No, not Tottie this time, just the radio.
- Oct. 25—Holiday on Special Diet! Oh, where is my girlish figure?
- Oct. 30—Hallowe'en Party, which proved to be a "Political Party," in the old surgery. Miss Lord and her sister, Edith, were hostesses. Hoover won the majority of contests.



- Nov. 1—Mysterious man found on porch this morning, but don't get excited—its only a dummy. Hallowe'en tricks.
- Nov. 2—Blue uniforms appear again with Rene and Hazel back from Children's. Like it? Dun't esk!
- Nov. 16—Nurses' Dance at K. of C. Hall, the benefits of which go to our Antidote.
- Nov. 17—Everyone claims the dance a success from a financial as well as social standpoint. O! how we hate to get up in the morning!
- Dec. 1—Why all the marcel's? Why don't you know? The Seniors are having their "beauty struck" by the camera.
- Dec. 5—Student Body meeting. The regular monthly overhauling.
- Dec. 17—Sisters' Christmas Party. And what a party! Our faithful old "Santa," Miss Kirby, distributed the gifts. What fun to see Sister Rosina with a toy aeroplane, and Sister Vincent with a baby doll! The Glee Club made its first "public" appearance, singing carols. Was it a success? We say it was!
- Dec. 24—Sister Columbina is so busy. Tomorrow the Dining Room will be all dressed for Xmas. (Saw a huge pile of packages in H. L's. office, too. Guess they're for all the good little nurses.)
- Dec. 25—Christmas! You can just smell it in the air. And breakfast couldn't come too soon. Presents, cards, letters, 'n all the Sisters to wish us a Merry Christmas! What could be merrier?



Dec. 28—Everyone is sporting a new robe. The B. Fs. must have gotten together on this.

Jan. 1—A New Year! Now's your chance to turn over a new leaf. Sorry, Girls, but Leap Year is gone.

Jan. 11—Student Body meets again. New officers: H. Zwimpfer is President (More power to you, Helen.) and M. Hualde, our Sec.-Treas.

Jan. 14—Group pictures taken. Mermaids, hikers, and everything.

Jan. 15—Senior Picnic at Painted Cave. Mr. Weather disappointed everyone, but in spite of the cloudy day everyone had a good time.

Jan. 16—Stiff muscles? Uh huh! The after effects of a good time.

Jan. 18—Lectures in full swing. We have two new ones this year, Drs. Jean and Brush. We feel very fortunate in having their valuable time.

Jan. 23—Everybody makes "whoopie!" at Woman's Center — Jensen's Orchestra. 'Nuf said.

Feb. 1—Scott, Roddy and Watsie leave for Children's Hospital, Hollywood.



* * * * * Humor * * * * *

H u m o r

Sign on Miss Lord's office: "Danger! Walk In."

Dr. Smith (in anatomy class)—Miss Rezzonico, please describe the medulla oblongata.

Tottie—Why, er - Doctor, I've got it in my head but I can't describe it.

Aint it a grand and glorious feeling?
Some one calls you to the phone, just as you are ready to go out; you fly down the stairs thinking it is your best B. F. and lo! you find it is Miss Thompson calling you back to sign a chart.

Man: I just paid Dr. Bakewell \$10 on our bill.
Wife: Good! two more payments and the baby is ours.

Breathes there a nurse with soul so dead
Who never to her duke hath said,
"When do we eat?"

Stranger (at party)—"Dull, isn't it?"
Other—"Yes, very."
Stranger—"Let's go home."
Other—"I can't, I'm host."

St. Peter to applicant—"Where are you from?"
Otero—"St. Francis."
St. Peter—"Come in, but I don't think you'll be satisfied."

Sister Clementine talking over phone:
"Yes, he was hurt badly."
"Where?"

"Why right here." Pointing with hand to back of head.
"What?"

"Sir, I said right here!" again pointing to head.
Finally hangs up with a bang, muttering about dumb people.

Hap: "I'm going to kiss you when I go."
Irene: "Sir, leave at once."

Seen in the Society Column Several Years Hence:

* * *

Mr. and Mrs. Happy Fultz recently returned from Rio de Janeiro where they have been wintering.

* * *

Miss De la garrigue was the charming hostess at a midnight supper at La Fonda Night Club. Those enjoying the wild party included: Misses Stauble, Fremau, Wassermann, Otero, and Van Steinburg. Mr. and Mrs. Fred were the chaperons.

* * *

Miss Ollie May Johnson, who has been abroad for several months, has returned to her home "La Casita" in Montecito. She recently entertained the nurses with a talk on "Advancement in Science and Culture" and the "Relation of Chemistry to Natural History."

* * *

The culmination of a romance started several years ago, was a beautiful wedding in the Nurse's Home—Miss Mary Daley and Joe Feely. Miss Daley is the charming daughter of Mr. and Mrs. Daley, wealthy bull-frog growers of Lompoc; while the groom is the star mechanic of the State College. Mr. Feely has been a familiar figure around the Nurse's Home for several years in his racing Packard roadster.

After two weeks honeymoon at Feather Hill Ranch they will be at home, 303 Haley Street.

* * *

Miss Rezzonico has donated \$10,000,000 to fight the "Modernistic Movement."

* * *

Misses Scott and Roderick were hostesses to a group of intimate friends at a Mandarin Dinner at One Lung's Cafe. Those included in the party were: Dr. and Mrs. Lamb, Dr. and Mrs. Ware, Dr. and Mrs. Munch, John Gilbert, and Buddy Rodgers.

* * *

Miss Carrothers, a great philanthropist, one of our graduates, has invested her fortune and devoted her time to establishing a Home for Stray Cats.

* * *

Miss Coldren, who was seriously injured in an auto crash on the way back from Tia Juana, is recuperating at St. Francis Hospital. The driver is charged with having intoxicating liquor in the car.



AS SEEN ON CHARTS

Dr. Willson visited, painted with mercurchrome.
 Pt. complaining of no pain.
 Dr. Munch here, took tub bath on sun porch.
 Dr. Jean called back rubbed with alcohol.
 Dr. Nicholas phoned groaning with severe pains.
 Dr. Loveren here, perspiring freely.
 Dr. Wills here, had a tub bath before entering.
 Dr. Johnson here escaped from straight jacket.
 Dr. Pierce called, has been sleeping, makes noise like wind blowing around corner.
 Dr. Brown visited ate very little.
 Dr. Lamb here drinks forced.

◆◆◆

PLAINT OF THE PHARMACIST

Doctor, doctor, will you ever
 (Oh, I think that you will never)
 Make your writing clear that we may read it?
 I suggest (although I hate to)
 That for you, it sure would pay to
 Take a course in penmanship, you need it.

◆◆◆

—Selected.

In case of an auto wreck, who should speak first?
 And should the lady precede the man through the windshield?

◆◆◆

—Adopted.

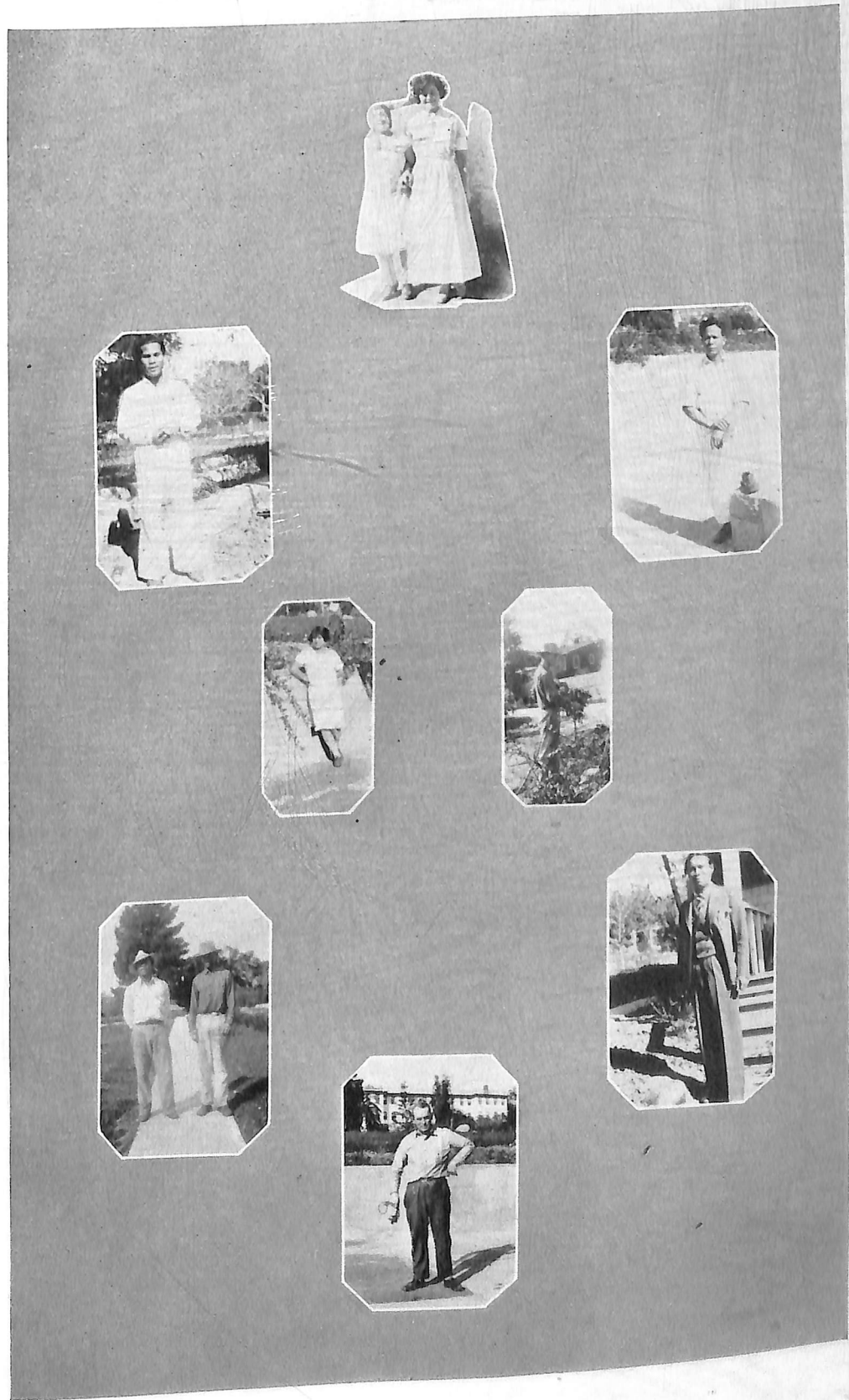
Dr. Profant—"I just thought of a good joke."
 Mrs. Profant—"Aw, get your mind off yourself."
 Donovan—"How many years can a man live without brains?"
 Schuster—"I don't know, how old are you?"

◆◆◆

First Angel—"How did you get here?"
 Second Angel—"Flu!"
 Miss Lord: "I would like a dime's worth of doughnuts."
 Baker: "Shall I put them in a bag for you?"
 Miss L.: "Certainly, do you think I am going to roll them home?"

◆◆◆

Walker: "How are you feeling, Mayo?"
 Mayo: "Rotten. Got insomnia."
 Walker: "How come?"
 Mayo: "Woke up twice in Dr. Munch's lecture to-day."
 Robinson: "Have an accident, mister?"
 Pt.: "No, thanks, I just had one."

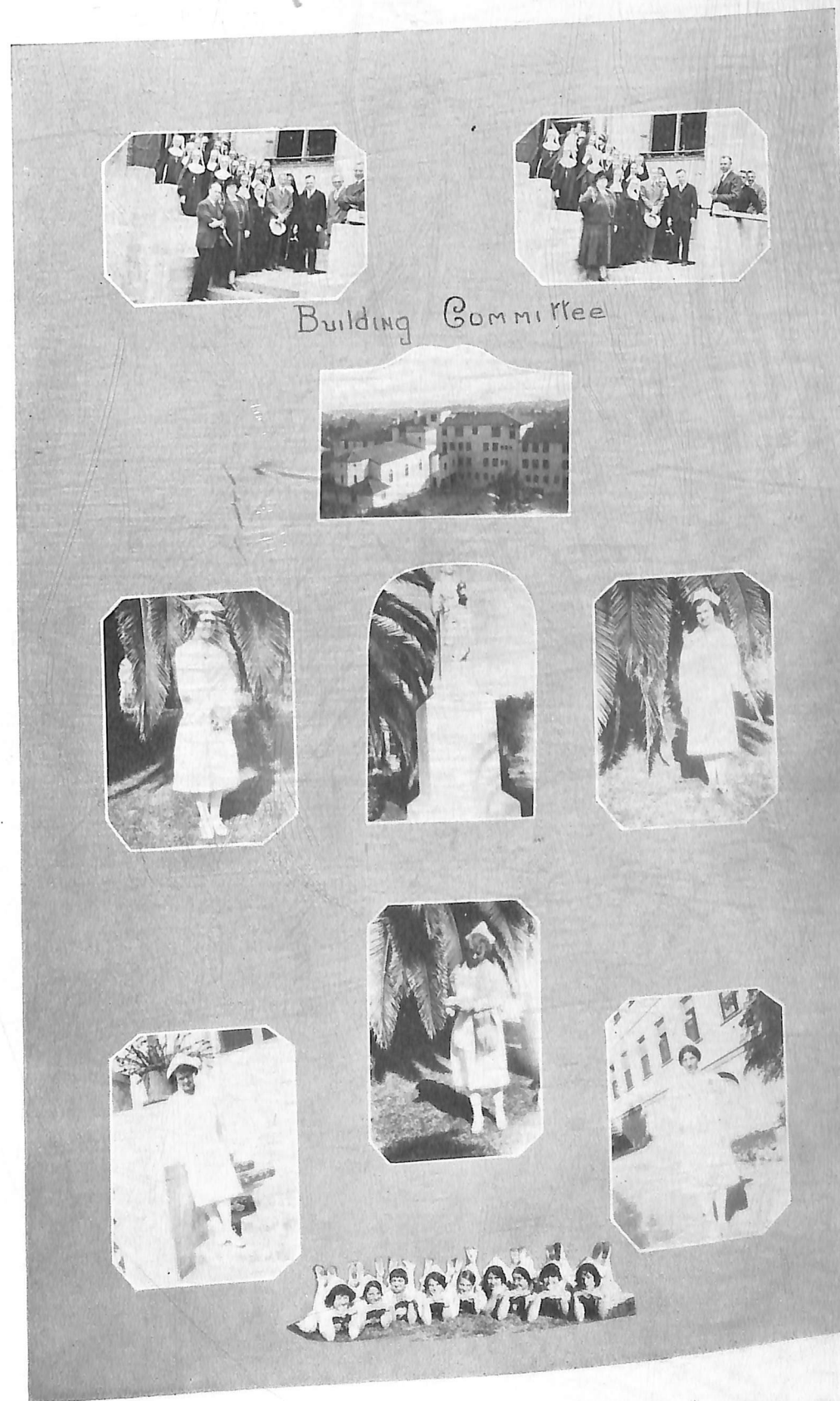


CAN YOU IMAGINE?

- Dr. Lamb chewing tobacco?
- Sister Clementine missing out on anything?
- Dr. Henderson riding a mule?
- Dr. Wills walking the floor with a baby?
- Miss Cavalleri not standing up for her night nurses?
- Sister Vincent playing with dolls?
- Miss Ammons with a boyish bob?
- Miss Hualde singing a solo?
- Dr. Koefod slapping a nurse on the back?
- Dr. Pierce with a black beard?
- Sister Edith reducing?
- Sister Zita ever saying a cross word to the nurses?
- Dr. Holzman not sitting up half the night writing exam. questions?
- Dr. Ware eating with a knife?
- Miss Zwimpfer not serious?
- Sister Antonio not scrubbing?
- Sister Cortona riding a roly coaster?
- Miss Daley with an untidy room?
- Miss Bishop not in love?
- Miss Rezzonica not giggling?
- Dr. Munch in a hurry?
- Dr. Smith not happy and singing?
- Dr. Johnson cross?
- Miss Deskin without something to tell?
- Miss Scott going with a steady?
- Dr. Nagelmann on a spree?
- Miss Roderick in bounds?
- Dr. Friedell in doubt?
- Miss Zwingles bobbing her hair?
- Miss Chisholm not sweet and smiling?
- Sister Colombena singing "St. Louis Blues?"
- Miss Wenzl not popular?
- Dr. Schurmeier skipping down the hall?
- Dr. Loveren jumping rope?

PROBIE POETRY

I've never seen a purple cow
 And never hope to see one,
 But I've seen Nurses dressed in white
 And some day hope to be one.



Sutures

Some nurses will say that surgery's a cinch
 But I'm one whom it kept in a pinch.
 The thing they call "suture"
 Nearly blighted my future;
 But after some time had rolled by
 I tilted my head rather high,
 For I'd learned to work faster
 And thought I was master
 Of sutures from A clear to Z
 But then, oh, what happened to me!
 One day Dr. Pierce,
 Who sutures so fierce,
 Asked for a "double O plain."
 Now I know you will think me insane;
 But when one's excited and tries to please
 The mind gives way and so do the knees;
 For his "double O plain" I gave him instead
 Just a common piece of linen thread.
 He stopped right still —
 And, oh, what a thrill!
 Well, I learned about sutures from him.

There's another doctor, Charles Stevens,
 Who for his own funny reasons,
 Uses less sutures than most doctors do,
 And in less than a jiffy is finished and through.
 For him to scrub up was a pleasing task
 As I know right well that he would ask
 For sutures only a few —
 At least, I thought this was true!
 Everything for awhile went slick
 When he asked, very quick,
 For a suture of silk-worm fine.
 Oh, what a flurry was mine!
 I grabbed and gave what I thought was right,
 But I gave him a "dermal" so purple and bright.
 The rest of the tale I'll leave you to guess,
 And the fix I got into, — oh, what a mess!
 Well, I learned about sutures from him.

There's another M. D. I must tell you about.
 He's Dr. Johnson from the sunny ol' South.
 When he sutures, he sutures right fast
 And takes care that the sutures will last.
 One day when we worked under very great strain
 I felt as if I was going insane.
 He asked for a suture of kangaroo.
 Says I, "Do you think that you're in a zoo?"
 'Tis a surgery we're in — not a circus ring!"
 Just what Doctor said I'm not going to tell,
 For I'm sure you'll imagine it all very well.
 Yes, I learned about sutures from him.

S. CHAUVEL '27.



* * * Advertisements * * *

Our Advertisers

This Antidote would not have been possible but for the support of our advertisers. Let us reciprocate by patronizing them. Especially should the Student Body give preference to these firms.

I. BISHOP,
Business Manager

EVERY GOOD WISH FROM

Allen Brothers *Dry Goods*

WHOLESALEERS, IMPORTERS

900, SOUTH LOS ANGELES ST. LOS ANGELES, CALIF.

FOR CORRECT TIME

(Western Union)

PHONE 5216

Whether you phone for service for a departed loved one—To move a patient in our ambulance, or for the correct time of day; you always receive the same

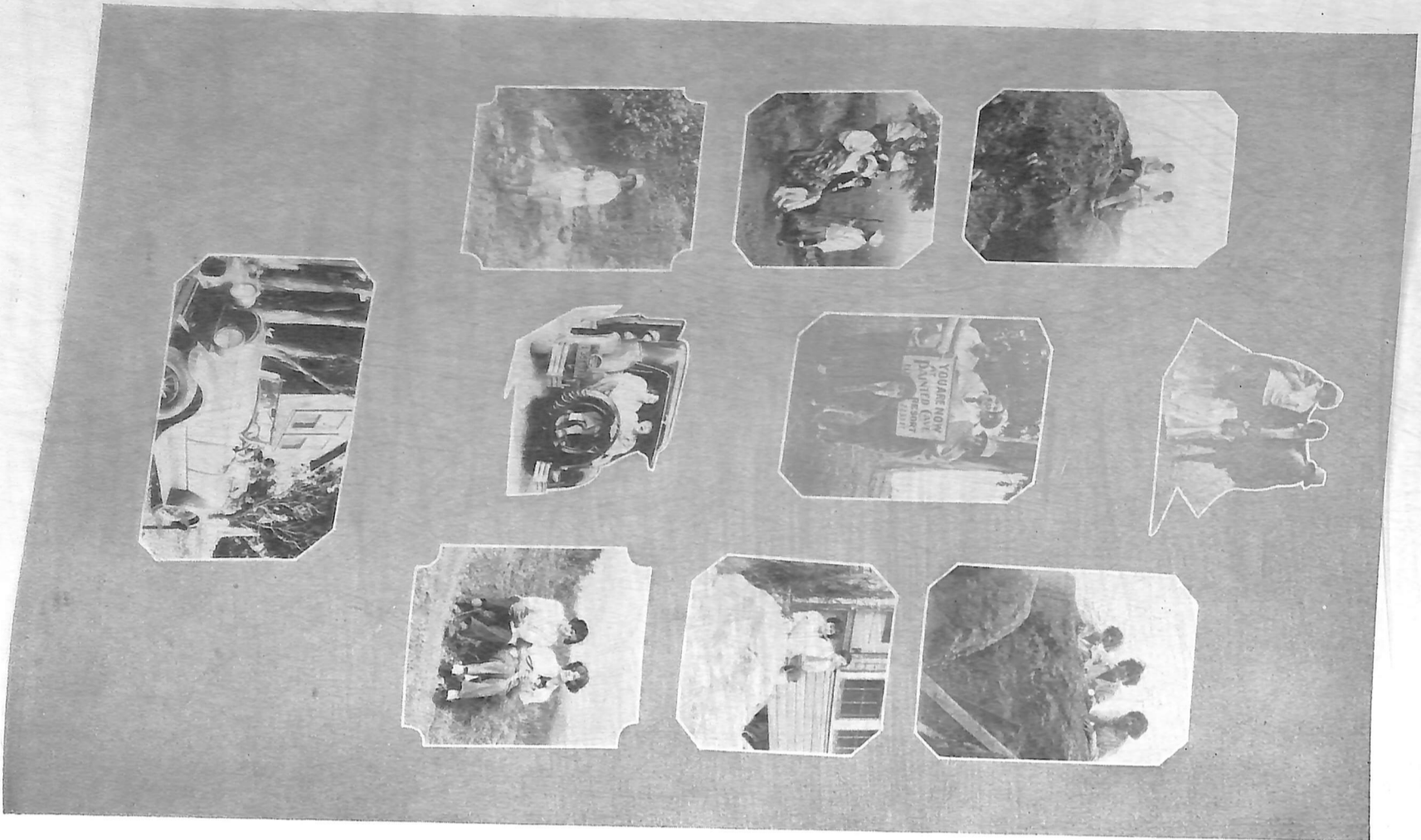
Courteous, Sympathetic and Reasonable Service

LADY ASSISTANT

McDerriott Funeral Parlor

21 W. ANAPAMU ST.

EPPEL & KURTZ, Props.



Exclusive
Prescription Department

PHONE
7121

Sterling Drug Co.

San Marcos Bg. Opposite Postoffice
SANTA BARBARA, CALIF.

Telephone 27-7-25

L. J. Mohr

Painting and Decorating
Antique and Acid Staining
Laurel Canyon Road, Mission Canyon

Some of My Work:

OLD MISSION
ST. FRANCIS HOSPITAL
JUNIPERO SERRA HALL
K. OF C. HOME
ST. VINCENT'S SCHOOL

Residence Work:

MRS. CLINTON B. HALE
MRS. M. H. BOWERS
DR. W. VARICK
MISS ELIZABETH E. ALLEY
MR. A. T. SPATLIDING

Prescription
Compounding

Is the most important work we do.
We take a great deal of pains to
do it right.

If a prescription is correctly written, we fill it, using pure drugs in the prime of their potency and follow without deviating the physician's specifications as to brands or any other detail.

The
California
Pharmacy

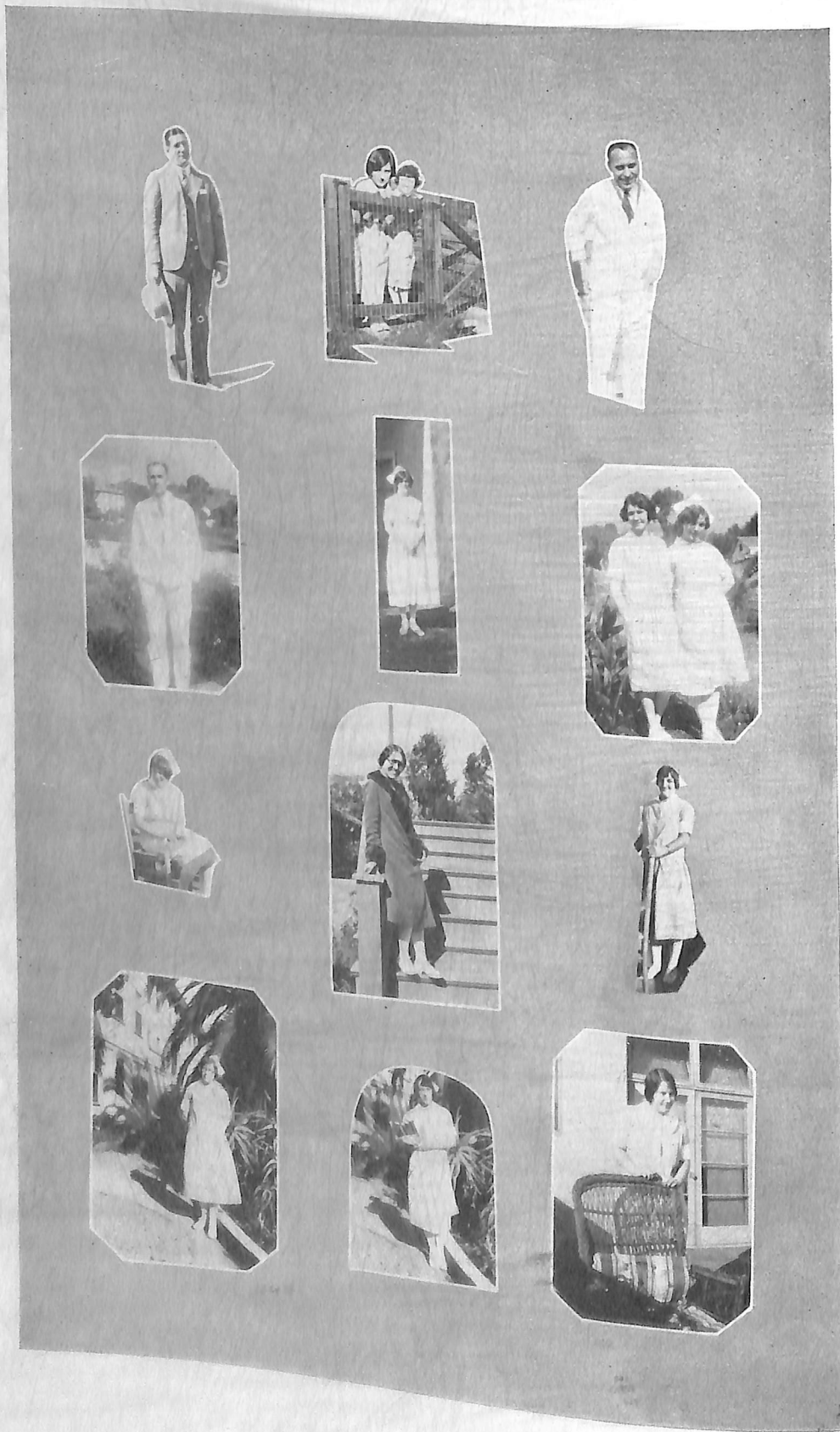
J. F. HURBURT
State at Carrillo Phone 4117
SANTA BARBARA, CALIFORNIA



YELLOW
CAB

5111





Lighting Fixtures
 Wiring
 Telechron Electric Clocks
 G. E. Motors.
 Appliances

DAY-FAN RADIO

**Flynn-Peterson
 Electric**

Kelvinator Electric
 Refrigeration

Phone 6660

935 State Street, Santa Barbara, Calif.

THE

**Copper
 Coffee
 Pot**

1029 State St.

GOOD FOOD
 QUICK SERVICE

Open from 6:30 a. m. till Midnight

Phone 6567

**Stewart's
 Market**

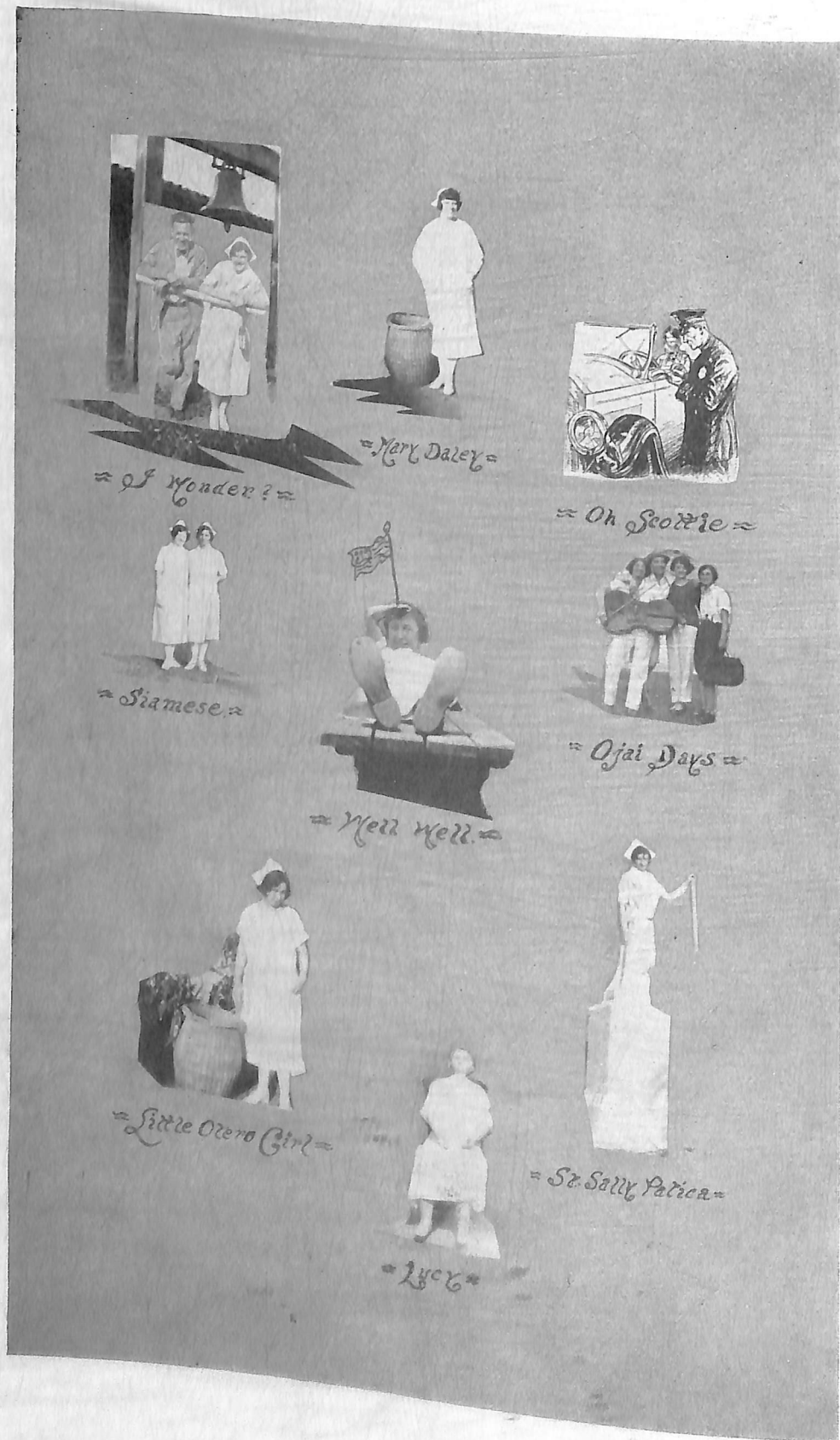
C. B. STEWART, Proprietor

The Best in Meats

(Meats
 Grocery
 Bakery)

2718 HOLLISTER AVENUE





J. B. Cunnane, Pres. L. E. Green, Sec.

Phone 3314

Gutierrez Drug Store

Telephone 3174

THE
Leading Prescription
Druggists

635 State St. Santa Barbara, Calif.

W. J. McCaffrey
H. J. McCaffrey

"Sportsman's Headquarters"

McCaffrey Bros.

[Sporting
Goods]



Telephone 5656

634 State St. Santa Barbara, Calif.

Andera's

Ladies
Ready-to-Wear

Woolen Yarns
Dry Goods

"Pre-eminently the Store of Honest
Values"

1105 State St. Santa Barbara, Calif.

Telephone 3176

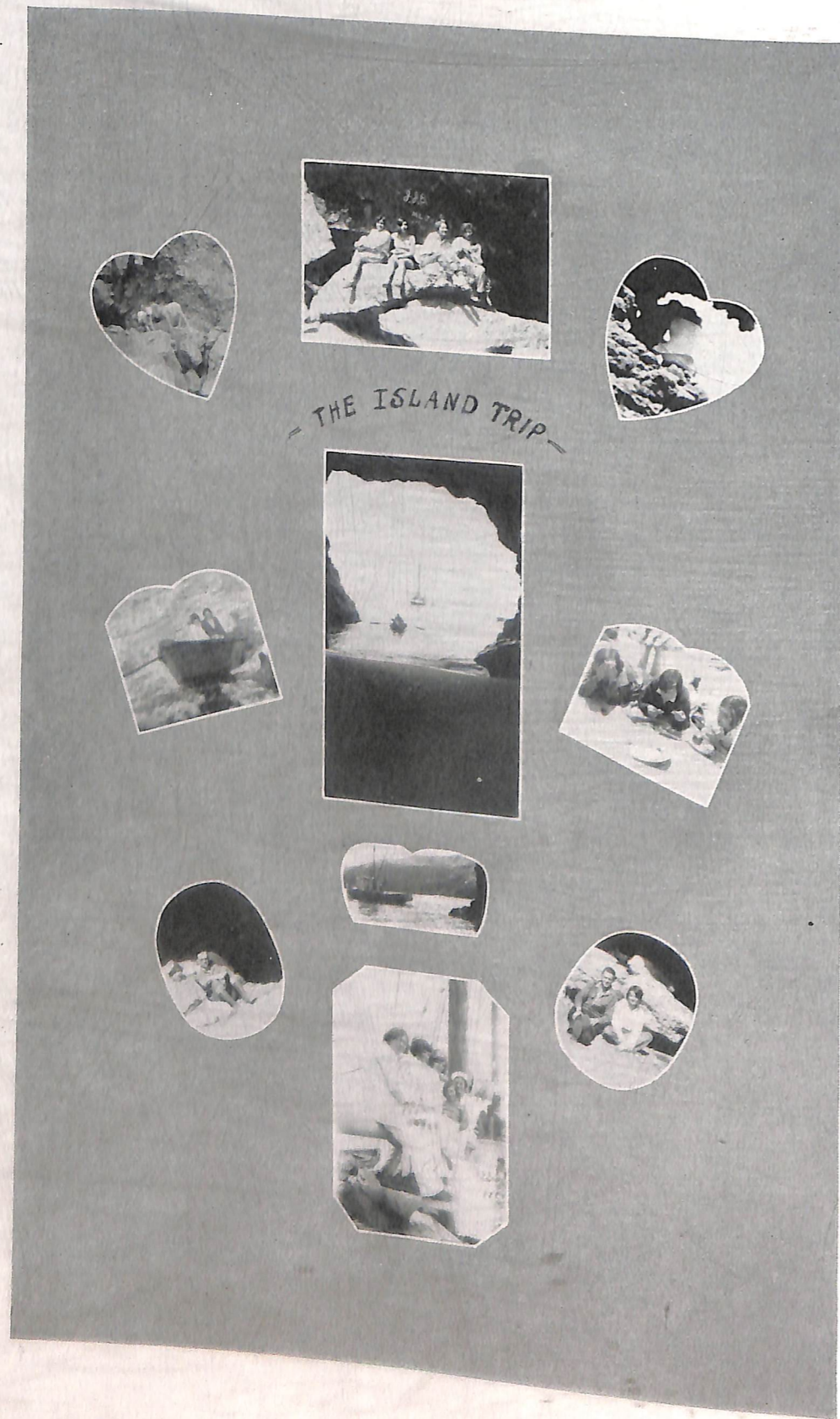
Irving Firestone

The Fashion
822 State St.

Exclusive
Women's and Misses'
Apparel

Specializing in
THE NEWEST OF
SPORTS APPAREL
AND MILLINERY
MODERATELY PRICED

822 State St. Santa Barbara



R. L. Janney John S. Livengood

Phone TRinity 6377

RED CROSS DRUG CO.

Compliments
**R. L. Scherer
COMPANY**



824 State Street
PHONE 5115

SURGICAL INSTRUMENTS
HOSPITAL SUPPLIES
X-RAY APPARATUS
SICKROOM EQUIPMENT

WE DELIVER

736 So. Flower St. Los Angeles

WOMEN'S SHOPPING CENTER
FOR MORE THAN FIFTY YEARS

Bob Evans
THE ARISTOCRAT OF
Uniforms

Charles T. Holland

For those who wish
the better and more
distinctive Uniforms.
You will find them at

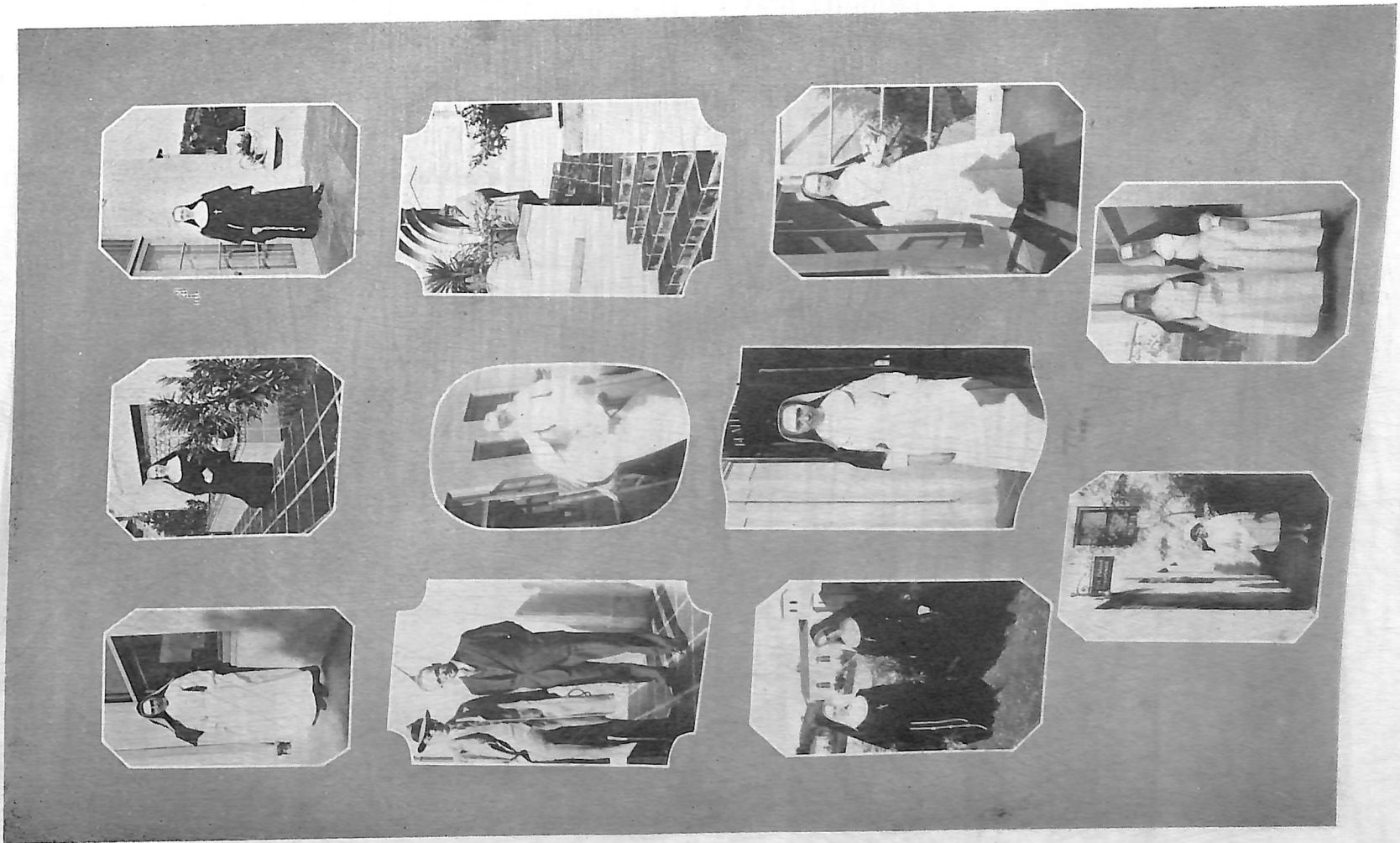
FUNERAL
DIRECTOR

15-17 E. SOLA ST.

PHONE 4482

Sedan Ambulance Service

Trenwith's



Fancy Cleaning and Dyeing

Haley

Dye Works

No. 428 East Haley Street
Telephone 6975

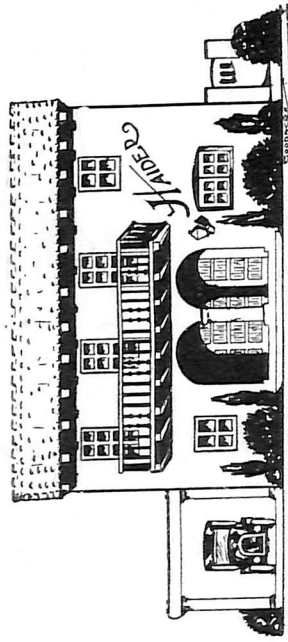
Automatic Pleating Machine
Knife Pleats $\frac{1}{4}$ to $\frac{3}{4}$
Box Pleats $\frac{1}{4}$ to $\frac{1}{2}$
Box and Knife Combinations

Rugs Cleaned and Dyed by Experts
Oriental Rugs
Cleaned, Dyed and Repaired
Fine Work Our Specialty

ESTIMATES CHEERFULLY GIVEN

MARTIN J. HAIDER

Funeral Director



Ambulance Service

Telephone 7828

1312 Anacapa St.



Why men leave home



Phone 1023

Western Wholesale Produce Company

Incorporated

827 CHAPALA STREET

Hazelwood Transfer

Phone 3003

Phone 4012



St. Paul Dye Works

Established 1904

G. H. MERRITT, Prop.

A Friend

FRENCH DRY
CLEANERS
AND DYERS

407 STATE STREET



FAMILIN'S
popular
Budget Buying Plan
*A CONVENIENT WAY
TO KEEP YOUR BUDGET*

You're cordially invited to take advantage of our POPULAR BUDGET BUYING PLAN. You can buy a complete outfit SUIT, HAT AND FURNISHING GOODS and pay for it in Ten Payments instead of One.



1005 STATE STREET

STATIONERY ENGRAVING

Mission Office Equipment Company

1103 STATE STREET

TELEPHONE 3242

Gifts Favors Greeting Cards
FURNITURE FILES

Henry Levy

Furniture - Rugs - Draperies
1109 State Street
Santa Barbara, California

Clara Barton

Nurses' Shoes

**RALPA RUKKLE
BOOTERY**

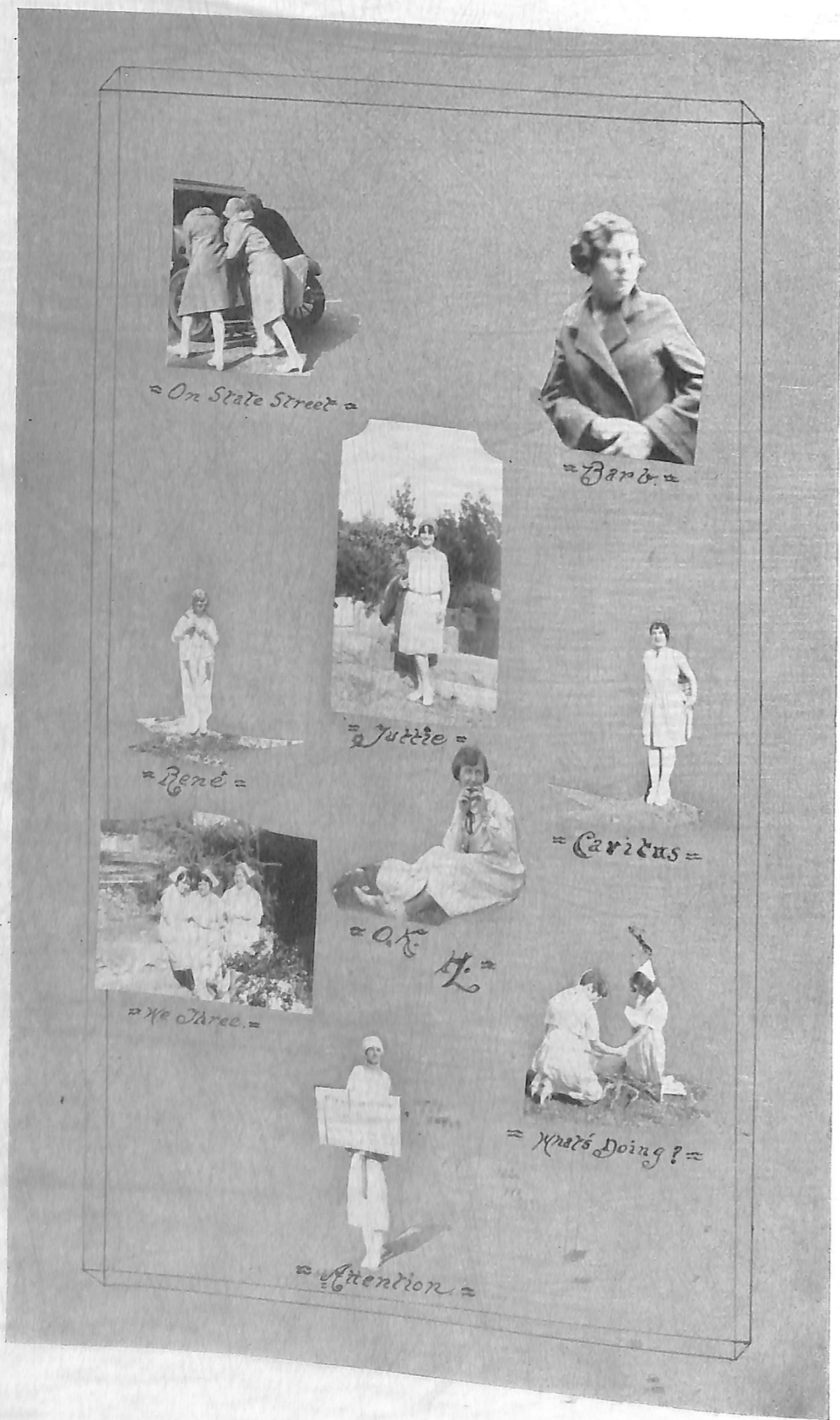
1023 State Street

Telephone 4385

Lomas Drug Co.

500 State Street

Santa Barbara, California



One Thing You Are SURE of
when you send us an order—
that is satisfaction

Gleave's
FLOWER SHOP

The Telegraph Florist of
SANTA BARBARA
918 State Street PHONE 4169

The Angela

LADIES'
DISTINCTIVE
APPAREL

La Arcada Building
1108 State St., Santa Barbara, Calif.

Jordano Bros., Inc.

RETAIL
GROCERS

Cor. Canon Perdido and Chapala Sts.
Phone Main 5221

S. H. Sorensen

DIAMONDS - WATCHES
JEWELRY

A Moderate-Price, First-Class Store
Phone 3076
719 State St. - Santa Barbara, Calif.

J. H. PAGE
Graham-Paige
Motor Cars

404 State Street
SANTA BARBARA, CALIFORNIA

VAL FELGER

ATWATER KENT AND
ZENITH RADIOS
BRUNSWICK PHONOGRAPHS
AND RECORDS

State at 715 — Open Evenings

R adios
ewired
ebuilt Batteries
Recharged
Rebuilt

Congratulations for Graduating Class
"Doc" Davis (D. X.)
RADIOTRICIAN

Tubes and Accessories
Telephone 246-44
630 Chapala St., Santa Barbara, Calif.

Phone 4218

Rodenbeck's

HOME OF
Good SHOES
HOSIERY

1019 State St., Santa Barbara, Calif.

S. E. Morris

GIFTWARES - STATIONERY
ARTISTS' MATERIALS
ARCHITECTS' SUPPLIES

Telephone 4496 — 1123 State St.
SANTA BARBARA, CALIFORNIA



WM. H. GILCHRIST
GEM MERCHANT
JEWELER
SANTA BARBARA, CALIF.
1102 State Street
La Arcada Bldg.

SUITS TO MEASURE

Oscar Gunderson

MERCHANT TAILOR
Ladies' and Gents' Altering and
Repairing — Hand Pressing

Phone 3803
1334 State St., Santa Barbara, Calif.

The Hughes

SILKS
MILLINERY
HOSIERY

917 STATE STREET

LEE'S

Kandy Kettle

CANDIES
of the
BETTER KIND

Packed with Our Own Candy
1205 State St., Santa Barbara, Calif.

Telephone 3814

Federal Drug Co.

E. A. COOMBS

Next door to Post Office
1120 State St., Santa Barbara, Calif.

P. J. Lennon

Specializing in
High-Grade Groceries

We Deliver
An account with us will be not only
satisfactory, but save you money

Phone 5900
901 De la Vina St. Santa Barbara.

The Rexall Store

R. P. BROWN, Proprietor

DRUGS

Phone 3413
746 State St., Santa Barbara, Calif.

STEINWAY AND OTHER PIANOS

RADIOLA
VICTROLA
BRUNSWICK

Everything in Music

BOLTON & JONES

819 State Street

The Smartest Clothes in Town



1107 State Street Santa Barbara

H. R. Hitchcock

DRY GOODS - FANCY GOODS
FURNISHING GOODS

1200-1202 State Street
Phone 3931

Holiday Hardware COMPANY

TOOLS, CUTLERY, PAINTS
OILS
HOUSE FURNISHINGS

Telephone 5159
810-12 State Street

C. & W. Chocolate Shop

HENRY A. WEBER

FOUNTAIN SERVICE
LUNCHES
HOME-MADE CANDIES
1227 State St. Phone 3348

Phone 21678

Willow Brook Dairy

Grade A Raw Milk Grade A Raw Milk

Paul Bylling - Harry M. Anderson

Central Beauty and Barber Shop

Central Building — First Floor
735 State St.

We Specialize in
REALISTIC PERMANENT WAVING
HAIR BOBBING
MARCELLING
FINGER WAVING

Telephone 6514 for appointments

THE

Velvet Ice Cream COMPANY

Buy a Home Product

Phone 5640 - 1231 Santa Barbara St.

Eisenberg's White House INC.

J. I. EISENBERG, PRES.

701-703 Estado Street
SANTA BARBARA, CALIFORNIA

CHRYSLER 65, 75 AND
PLYMOUTH



KAVARNO MOTORS CO.
Chapala at Montecito
SANTA BARBARA, CALIFORNIA

Phone 7395

2 and 4-Wheel Brake Service

Harry's Auto Repair Shop

AUTOMOTIVE SPECIALISTS
HARRY ELLSINGER
Better Service at Better Prices
21-25 W. Gutierrez St.
Santa Barbara, California

Leading Cleaners

EMPIRE DYE WORKS

Don't forget to ask for a coupon

Phone 3339

524 State St.

"Art in Flowers"

John Turnbull

FLORIST
and
SEEDSMAN

921 State Street, Santa Barbara, Calif.

Telephone 7143

Enterprise Dairy Co.

WHOLESALE
AND RETAIL
MILK

400 West Carrillo Street
SANTA BARBARA, CALIFORNIA

CLEANING, PRESSING
REPAIRING

Valet Service

Work a Little Better and
Price a Little Less
Men's Suits Cleaned & Pressed, \$1.25

18 W. Figueroa Phone 4387

"There she goes!"

Quite the talk of the town. Every one notices her. Even those men to whom all women look alike, silently querying why their wives can't find clothes like that. She is seen at the smartest restaurant, the most exclusive functions, and Shopping at Bartlett's.

Bartlett's

1118 State Street

KOLSTER — CROSLEY

WILEY RADIO SERVICE

Telephone 3971

9 West Anapamu Street

THREE-PIECE
WALNUT BEDROOM SETS

59.75

Beautiful bed, dresser or Vanity
table and chest of drawers

CARLSON'S

1206 State Street

Phone Station —4371 Station 2—22819

SANTA BARBARA BRAKE SERVICE STATIONS

F. A. Halferty and Geo. G. Higbee, Props.

*We specialize in Brakes only
Relining and Adjusting Brakes on All
Makes of Cars. Also Hydraulic Brakes*

Station 1—Cor. State and Montecito Streets
Station 2—Cor. Carrillo and Chapala Sts.

Just as Important as the Honeymoon

Everything connected with

Your Wedding

must be *correct* in every detail.

We are acknowledged headquarters for correct information regarding latest styles and forms for WEDDING ANNOUNCEMENTS, INVITATIONS, AT HOMES, etc., either *Engraved* or *Printed*.

It's a pleasure to serve you.

The Schauer Printing Studio, Inc.

15 East Anapamu Street

Phone 5246

Santa Barbara

An Acknowledgment

We wish to thank the following people to whom the success of The Antidote is largely due:

- MR. SCHAUER, *Publisher*
- MR. HOFFMAN, *Photographer*
- "DOC" KELLIHER, *Cartoonist.*

AUTOGRAPHS